

# TEOS MARINA



SEPTEMBER / OCTOBER 2025

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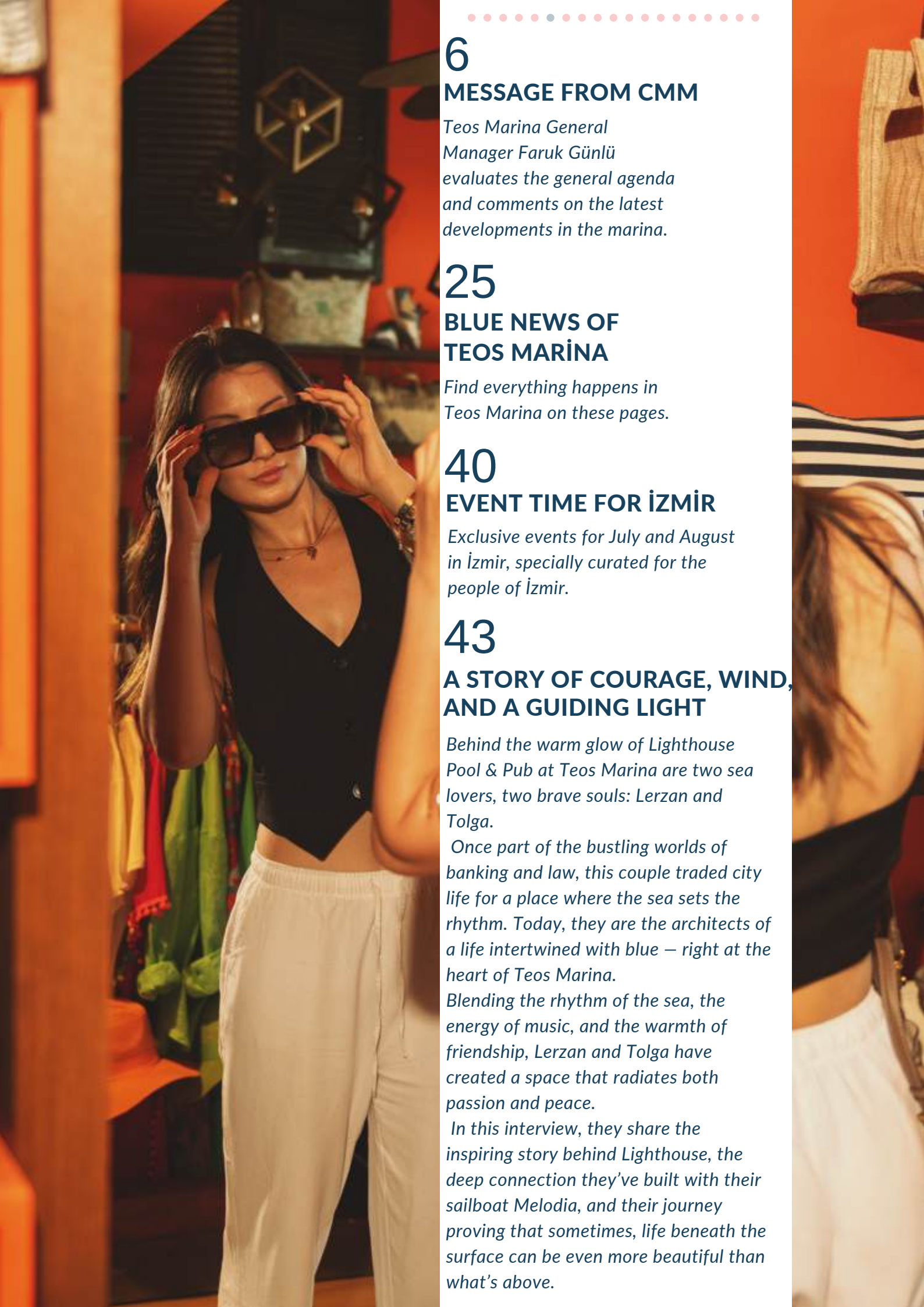
TEOS MARINA



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## MESSAGE FROM CMM

*Teos Marina General Manager Faruk Günlü evaluates the general agenda and comments on the latest developments in the marina.*

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## BLUE NEWS OF TEOS MARİNA

*Find everything happens in Teos Marina on these pages.*

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## EVENT TIME FOR İZMİR

*Exclusive events for July and August in İzmir, specially curated for the people of İzmir.*

43

## A STORY OF COURAGE, WIND, AND A GUIDING LIGHT

*Behind the warm glow of Lighthouse Pool & Pub at Teos Marina are two sea lovers, two brave souls: Lerzan and Tolga.*

*Once part of the bustling worlds of banking and law, this couple traded city life for a place where the sea sets the rhythm. Today, they are the architects of a life intertwined with blue — right at the heart of Teos Marina.*

*Blending the rhythm of the sea, the energy of music, and the warmth of friendship, Lerzan and Tolga have created a space that radiates both passion and peace.*

*In this interview, they share the inspiring story behind Lighthouse, the deep connection they've built with their sailboat Melodia, and their journey proving that sometimes, life beneath the surface can be even more beautiful than what's above.*



## 56

### IS LIVING FOR COMFORT, REALLY LIVING?

*Comfort... A concept humanity has pursued for centuries — one that sparked wars, built cities, and inspired inventions. From the first shelters to today's smart homes, from tools that fit in the palm of a hand to a world managed by a swipe, the story of humankind revolves around a single desire: to tire less, risk less, and suffer less. In short, to be comfortable. But is this state of comfort truly what keeps us alive? Or does it, by erasing movement, change, surprise, and even pain — the very essence of life — drag us into a pleasant kind of numbness? Now that's quite a question to ask: If we live merely for comfort, are we truly living at all?*

## 63

### THE PROMISED LAND ILLUSION: THE SYMBOLIC PARADISE EFFECT IN MIGRANTS

*Human beings tend to imagine the places they don't belong to as more beautiful.*

*The farther the horizon stretches, the brighter the hope that lies beyond it.*

*For someone waiting on the shore, the opposite coast is not merely a piece of land — it represents salvation, peace, and a new beginning.*

*Yet, more often than not, upon reaching that distant shore, one realizes: the paradise you longed for is nothing more than another version of reality.*





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## ARTIFICIAL EMPATHY: WHEN TECHNOLOGY MIMICS OUR EMOTIONS

*Once upon a time, emotions were uniquely human.*

*Love, shame, guilt, excitement, patience, empathy...*

*They all stemmed from the heart – instinctive, immeasurable, and profoundly personal.*

*Today, however, algorithms can recognize our smiles, analyze the unease in our voices, and detect sadness or anger in a single message we type.*

*Emotions are no longer just felt; they are translated into data.*

*And it's right here that we approach one of the most perilous frontiers of our age:*

*Artificial empathy – the illusion that machines understand us, when in truth, they merely imitate what it means to feel.*

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## A MESSAGE FROM YOUR CELESTIAL MAP!

*For some zodiac signs, this season heralds new beginnings; for others, it's a time for introspection and simplicity.*

*As we approach the end of 2025, the sky gently reminds us once again: every sign follows its own course, and every soul moves through its own season.*

*So, let's listen closely – the stars have a message for you.*



84

## FILM OF THE MONTH: WIND, TIDE & OAR

*One of the quietest yet most captivating sea films of 2025, *Wind, Tide & Oar* rekindles the forgotten art of moving in harmony with the sea.*

*Through journeys made without engines, it offers a subtle but profound lesson — not about resisting nature, but about existing gracefully alongside it.*

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## GALLEY RECIPES

*As the autumn sun sets and a gentle breeze brushes the deck... you're not exactly hungry, but you don't have the energy to cook, either.*

*At that very moment, the scent of fresh oranges mingles with the salt of the sea.*

*And here it comes — the most refreshing, Mediterranean-spirited recipe for that perfect twilight mood.*

*No fuss, no oven — just one pot, a touch of sea air, and a few simple ingredients.*





# CMM Spotlight

**FARUK GÜNLÜ**

Teos Marina General Manager

## Dear Sailor Friends,

After the sweet, unhurried ease of summer, welcome to autumn — the true beginning of the year. Yes, calendars may mark January as the official start, but I believe autumn is life's real season of renewal. A kind of "second spring," only this time the trees don't turn green — they dress themselves in crimson and amber.

## Rest Time is Over, Recharge Begins

Summer is often when we drain our energy reserves — saying "yes" too often, forgetting to rest, or letting plans drift away like boats without anchors. Autumn, on the other hand, whispers gently: "Those sun lotion-scented days are behind you. Now it's time to recharge."

As schools reopen and that youthful energy fills the streets, we adults receive a subtle cue — it's time to refocus. While crowded beaches grow quiet, the noise in our minds also begins to fade. This calm makes room for a new hobby, a half-finished book, or simply a deeper breath.

In the south, the sea is still warm enough for a swim (a perfect excuse to extend your holiday!), yet the scorching heat has softened into a gentle warmth. Not too hot, not too cold — the perfect balance for productivity.

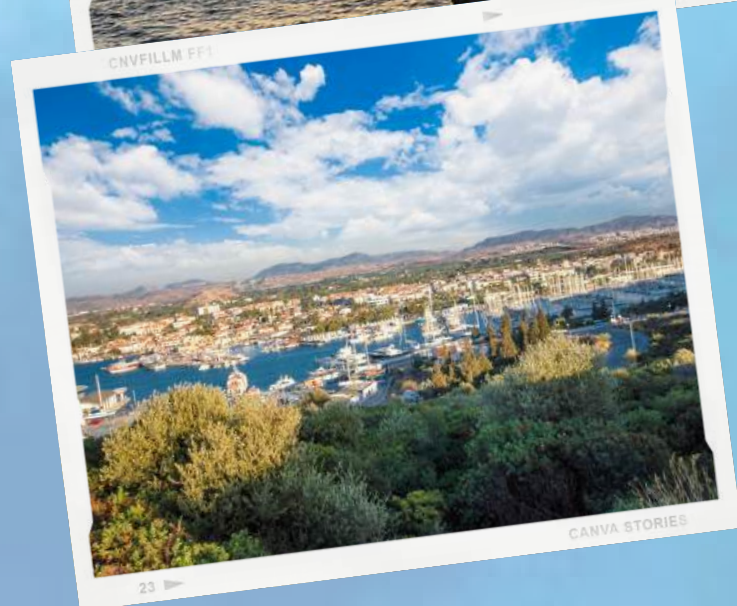
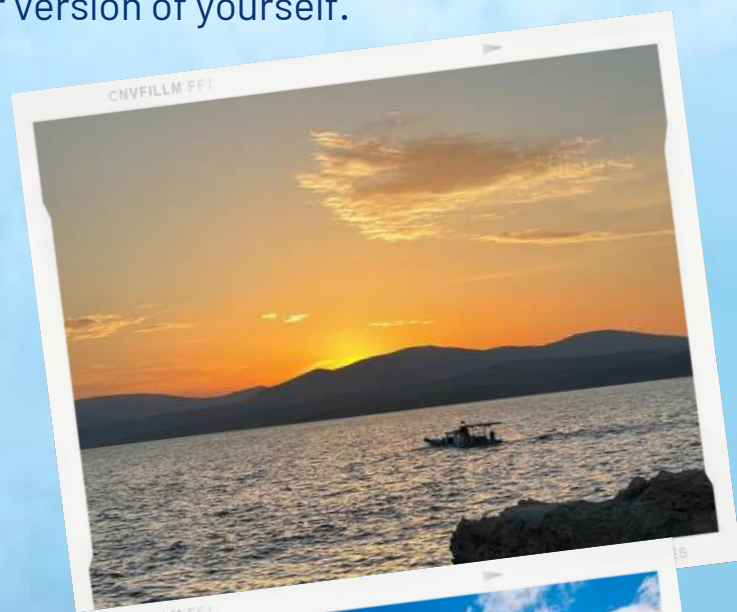
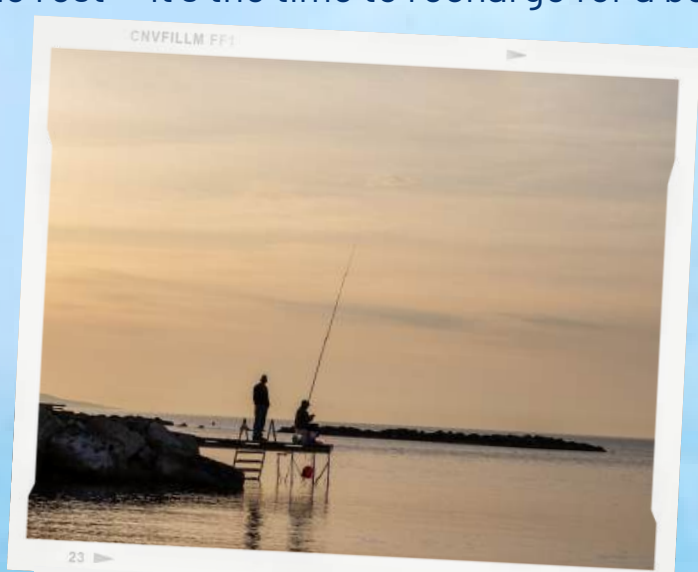
What can we say? Even nature seems to be cheering us on: "Come on — now's your moment!"

Autumn isn't about curling up on the couch and watching television. Its magic lies in active renewal. That gym membership you postponed all summer, that language course you always wanted to start... autumn carries the scent of new beginnings. It's like a clean page offered to you right in the middle of the year – waiting to be written on.

The fishing season is open! The Sığacık fish auction is alive with shimmering catches, while the Sığacık Market bursts with the vibrant greens of the Aegean's healing herbs. Local olive oil dishes and mezes offer an explosion of flavor – a reminder that it's time to nourish your body with something richer and more wholesome after a season of light summer meals.

Peaceful days return to Sığacık. The crowds have thinned, prices have softened, and the best tables are once again available – along with a little extra attention from your hosts. It's a kind of VIP travel season! You can finally enjoy those cultural tours or nature walks without the heat or the hustle.

Autumn gives us a gentle chance to digest the joy of summer and prepare for winter ahead. Shake off the fatigue from your shoulders. But remember: this isn't the time to rest – it's the time to recharge for a better version of yourself.



## 🚢 Teos Marina Bazaar: the “Pleasant Pause” continues into autumn!

For those who say, “Summer’s over, the sea season has ended,” we have news — at Teos Marina Bazaar, the season never ends. In fact, a new one is just beginning. The blazing summer sun may have softened, but the true season of joy starts now. Here, we are not only a safe harbor for boats, but also a vibrant destination that lives through all four seasons.

In autumn, our bazaar offers a calmer, cozier, and equally delightful experience — free from the rush of summer crowds. The renowned seafood and Aegean flavors that marked the end of summer continue to be served in our indoor venues, now accompanied by warm service and a tranquil atmosphere.

There’s no rush here — it’s all about taking your time and savoring every bite, every moment.



**A peaceful discovery in shopping:** the boutique souvenirs, local products, and even nautical items you might have missed during the high season are now waiting to be explored. You can stroll leisurely through our shops, enjoy a friendly chat with local artisans, and truly experience the joy of discovery.

When the marina’s iconic atmosphere meets the serene sight of boats preparing for winter, it creates a view beyond value. Imagine holding a warm drink in your hands, sitting by the pier, and listening to the sea’s therapeutic rhythm... That is Teos Marina’s autumn gift to you.

At Teos Marina Bazaar, autumn is a refined stage set for true visitors — those who appreciate slowing down, savoring the moment, and embracing the calm beauty of the Aegean. Come, and be part of this quiet pleasure.



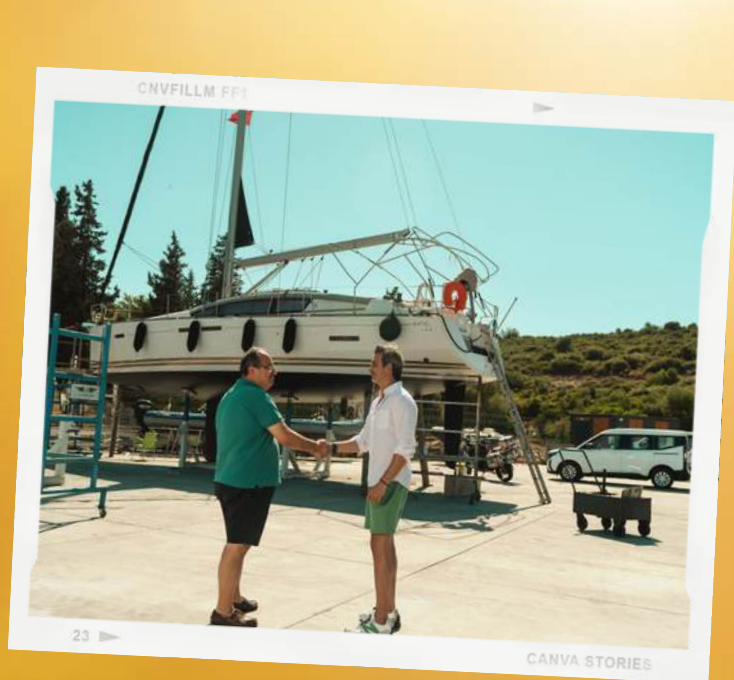
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**🚢 The wintering season has begun at Teos Marina: your boat is safe, your mind at ease.**

At Teos Marina, our wintering campaign continues with a 40% discount – both at sea and on land. Within our 3,000-year-old natural harbor, you'll find skilled, professional workshops ready to handle every kind of maintenance your boat may need: from engine service and electrical work to painting and fiberglass repair – you name it.

Teos Marina is conveniently located about 40 km from İzmir city center and 50 km from Adnan Menderes Airport. This means you can easily take care of your business in the city, find any spare parts you need, and still stay connected to social life. Hopefully, you won't need it, but dozens of hospitals are just a short drive away. And with direct flights from Adnan Menderes Airport to hundreds of destinations, the only limit is your imagination.

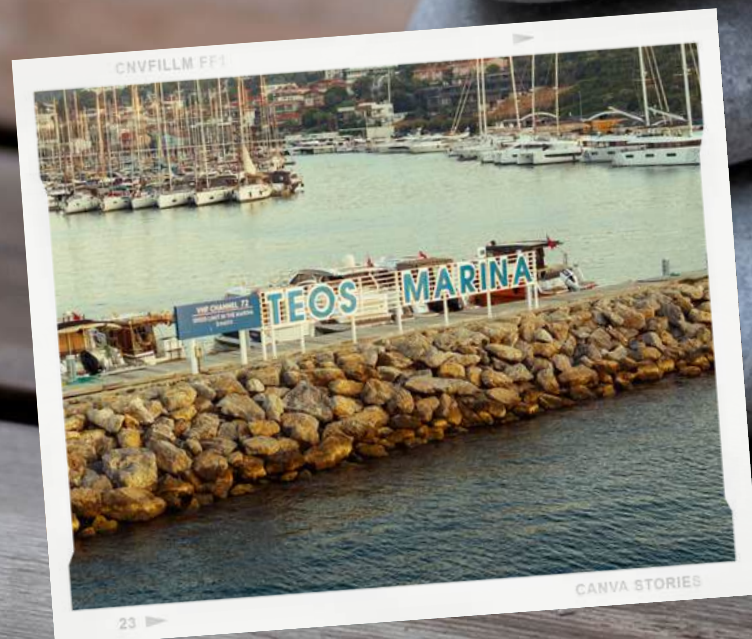
Fueled by the energy of the concerts we hosted throughout the summer, we proudly wrapped up the season with Tuna Masters Teos, held on September 11-14 – celebrating its 10th anniversary this year. Seasoned anglers moored at our marina and fishing enthusiasts from other regions took part in an exciting, competitive event. Once again, the generous Sığacık Bay delivered record catches – and with a magnificent 235 cm, 185.5 kg bluefin tuna, Team Bluefin Teos claimed the championship. Congratulations to them and to all participating teams for a remarkable tournament.

The 10-year journey of the Tuna Masters Teos Tournament has proven that it is more than just a fishing event – it has become a distinguished brand that reflects the marina's regional vision and its commitment to sustainability. Today, Tuna Masters Teos stands as one of the most anticipated tournaments in Türkiye and among Europe's leading offshore sportfishing competitions.

The growing enthusiasm and attention it receives each year show that it has evolved beyond a simple contest – becoming a prestigious tradition in the world of marine sports. In the rich waters of Sığacık Bay, record-breaking catches every season elevate its sporting value even further. The tournament is not merely a competition; it is a social platform where passion for the sea, sportsmanship, and camaraderie unite.

Behind such a major and successful organization lies the professionalism of our marina team. I extend my gratitude to the organizing committee, sponsors, tournament participants, and my entire team for their synergy and valuable contributions.

After a busy and successful summer season, our marina employees and their families came together for our traditional end-of-season boat tour in late September. We swam, dined, laughed, and celebrated. I am truly proud to lead such a professional, passionate, responsible, and forward-thinking team. My heartfelt thanks to each of them for their dedication and for their role in upholding Teos Marina's ever-rising standard of service quality.





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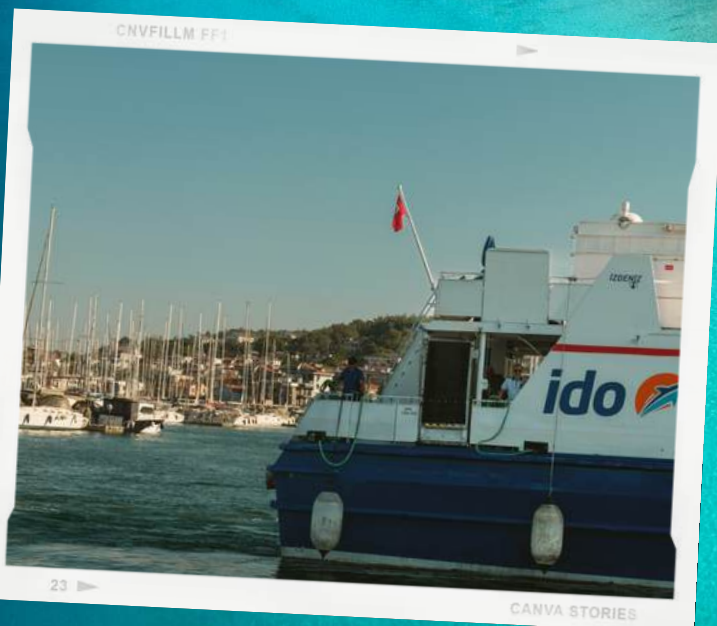
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## Samos Voyages: Teos Marina's "Aegean Bridge"

We've left behind an incredibly busy 2025 summer season, and the ferry services from our marina to Samos have been among the most successful and popular operations of the year. In my view, these sailings represent far more than a transport route — they are a solid tourism bridge uniting the two shores of the Aegean.

### Now, We're Day-Trip Neighbors

As part of our collaboration agreement with İDO, established before the 2024 season, the speed and comfort we achieved in these services perfectly aligned with our own standards of excellence, creating a great synergy between Teos Marina and İDO. You may recall that a trip to Karlovasi used to take around two hours by ferry. Now, with high-speed catamarans, we've cut that journey down to just one hour. This new pace has transformed Samos into a true day-trip destination. We've made it possible for our guests to have lunch in Samos and dinner in Siğacık — a seamless, elevated experience of cross-Aegean living. In tourism, speed isn't just about saving time; it's about making decisions easier. We've lowered the barrier to spontaneity.



## Wallets Rejoiced!

The ferry services have brought a fresh wave of vitality to the economies of both Teos Marina and Sığacık. And we're not just talking about ticket sales. Many of our passengers, traveling to Samos in the morning and returning in the evening, chose to stay overnight in Sığacık before their trip. They shopped at Teos Marina Bazaar, wandered through the town's enchanting streets, and enjoyed a lively evening out. Upon their return, they often stopped by the bazaar again or extended their holiday right here in Sığacık. This steady flow of visitors directly benefited our local artisans and shop owners.

Today, Sığacık is known not only for its calm harbor but also as one of the fastest and most comfortable gateways to the Greek Islands. This new identity has placed us more prominently on the international tourism map. The convenience of parking at our marina's boatyard and completing customs procedures with ease has further elevated the quality and comfort of the travel experience we offer.



## Continuous Improvement

We recognized this potential early on and made the necessary infrastructure investments. In operations like these, I always say: "Success is not only measured by record-breaking catches, but by the consistent delivery of quality service."

IDO's decision to operate to Vathi Port was also a strategic move – allowing our guests to arrive directly at the island's heart, its main tourist hub. Due to high demand, daily trips were scheduled throughout July and August this year. In the upcoming seasons, the number of sailings will be optimized based on passenger demand.

The Samos line exceeded all our expectations in 2025, hosting around 32,000 departing and 32,000 returning passengers – a total of 64,000 individual crossings. Surpassing the 30,000 incoming passenger mark carries a special significance for us. Back in 2017, when outbound passenger numbers exceeded 10,000, we received approval to open a duty-free shop in the departure lounge. Now, having surpassed 30,000 arriving passengers, we are eligible to open another duty-free shop in the arrivals hall.

Setur Duty Free has already submitted its preliminary application, and once the necessary permits are obtained from the Ministry, both the departure and arrival lounges will offer duty-free shopping in the 2026 season.

With that, 2026 promises to be even better than 2025 – a new step forward in our journey of continuous improvement and renewal.



## ⚓ Teos Marina at Bodrum Boat Show: A New Breeze and a Visionary Tale for the Maritime World

As the inaugural Bodrum Boat Show closed its doors, it was time to pause and reflect. From my perspective, one thing is clear: this event not only suited Bodrum perfectly – it also set a new benchmark for what our industry can and should achieve.

For years, the maritime sector has needed a large-scale event in Türkiye that could stand shoulder to shoulder with the major Mediterranean boat shows. Bodrum Boat Show has begun to fill that gap.

Coming right after the relaxed rhythm of the summer season, the fair injected fresh energy into the region – benefiting both local businesses and yacht and equipment manufacturers. Hotels filled up, local tradespeople thrived, and the impact extended far beyond the exhibition grounds – the whole of Bodrum was uplifted.

The atmosphere of the show – from the traditional Bodrum tirhandils greeting visitors at the entrance to the salty scent of the sea – created the feeling of something that had been there for a century. After all, Bodrum is the beating heart of Turkish yachting culture, and this event gave that heartbeat an official rhythm.

We must also acknowledge the Ege's kind gesture to us: flawless weather throughout the fair. The sun smiled, the sea stayed calm – enhancing comfort for both exhibitors and guests. Hopefully, Bodrum will greet us with the same gentle, blossom-like weather in the years to come.





Our presence at this fair as Teos Marina was a reflection of our vision and values. From the moment the idea of Bodrum Boat Show first emerged – even before the stands went on sale – we informed the organizers that we would participate and requested the very first stand. Teos Marina became the first company to sign an exhibitor contract and proudly took the frontmost stand at the entrance of the fair. This was not merely a commercial decision; it was a statement of our belief in the future of the maritime industry and our commitment to supporting initiatives that strengthen it.

Despite being its first edition, the fair has already shown strong potential to become one of the major events in the Mediterranean circuit. Of course, there's still a long way to go before it reaches the scale of established giants like Cannes, Monaco, or Genoa – but the energy, the quality of participants, and the diversity of yachts on display were already beyond expectations for a debut year.

With the right PR strategy and international outreach, there's no reason why Bodrum Boat Show shouldn't soon become one of the most sought-after events on the global yachting calendar. And as for us – you can be sure that in the years ahead, you'll find Teos Marina once again at the very first stand, ready to welcome you.

## **To All Teos Marina Residents: Promise Kept, Safety Secured!**

We take great pride in having successfully completed our comprehensive infrastructure renewal project—exactly as promised and right on schedule. This major undertaking was launched to enhance the quality, comfort, and safety of the services we provide to you.

You may recall that we began this challenging journey on Monday, September 22, with the dismantling of Pier F. As promised, we stayed true to our timeline: the brand-new concrete floating pontoons and full infrastructure for Piers F, E, and D were fully assembled and commissioned within just six weeks. Very soon, we will begin meticulously renewing the pedestals and fire infrastructure on Pier B as well.

Executing such a large and complex renewal project while maintaining uninterrupted services, ensuring smooth sea traffic, and simultaneously preparing for the winter season requires deep expertise. After the 2020 Samos earthquake and the resulting tsunami, we managed to restore our marina in record time—surprising even our peers in the industry with our speed and coordination.

The new pontoons and pedestals, ordered in April and May, were produced to our exact specifications and installed without a single delay.

We kept our promise: each boat was temporarily relocated and then returned to its berth within the short two-week window we committed to—without any disruptions. This is the clearest proof of our team's professionalism and our strength in project and process management.



## Quality and Safety Are Our Top Priorities

Our newly upgraded F, E, and D pontoons are now ready to serve at the highest standards – safe, durable, and built to last. Our goal was never just to present a refreshed look, but to ensure uninterrupted access to electricity, water, and, most importantly, a reinforced fire safety system, providing you with the most secure service possible.

At Teos Marina, we remain firmly committed to our mission: to offer you a high-quality and safe harbor – always.

Now it's your turn! We've prepared a marina where your boats can be moored with complete peace of mind. You can now set sail into the turquoise waters of Sığacık and continue to enjoy true serenity.

Congratulations to all our marina residents!

While we take pride in completing the installation of three floating pontoons and their full infrastructure within just six weeks, serving you seamlessly throughout the process, I couldn't help but reflect on a broader issue – the berthing space shortage, or rather, the crisis in our country. In recent years, as the balance between supply and demand has deteriorated, mooring prices have risen sharply.

This so-called "mooring crisis" could, in fact, be resolved quickly with proper planning and eco-friendly solutions such as floating pontoons. So why are we still facing it? Why are so many yacht owners forced to pay excessive fees or moor their boats in Greece or Croatia instead? And how much of this potential is our country truly harnessing – how many opportunities are we missing? Let's take a closer look together.



## 🚢 Turkey's 4% Share in Berthing Capacity Compared to Mediterranean Nations

I have always believed that facts and figures speak louder than words. When we lay out the data on the maritime tourism potential of the Mediterranean basin, the picture before us is both fascinating and, at the same time, deeply disappointing for Turkey. We are sitting on a paradise – yet bureaucracy and inadequate planning keep us waiting at the gate.

The Mediterranean hosts hundreds of thousands of yachts, with tens of thousands more added each year. While giants like Spain, Italy, France, Greece, and even Croatia claim their share of this vast market, Turkey's total berthing capacity remains disproportionately small compared to the region's overall numbers.

For a country with more than 8,000 kilometers of coastline, countless pristine bays, and immense historical wealth, falling this far behind in marina capacity is simply unacceptable.

When we compare Turkey's berthing capacity with that of our competitors across the Mediterranean basin, the gap is striking.

| COUNTRY                                                                                     | COASTLINE LENGTH (APPROX.) | NUMBER OF MARINAS (EST.) | ESTIMATED TOTAL BERTH CAPACITY (SEA + LAND) |
|---------------------------------------------------------------------------------------------|----------------------------|--------------------------|---------------------------------------------|
|  ITALY     | ~7.600 km                  | 500 – 545                | 210.000 – 250.000+                          |
|  FRANCE    | ~3.427 km                  | 370+                     | 180.000 – 230.000                           |
|  SPAIN   | ~4.964 km                  | 300 – 365+               | 130.000 – 145.000+                          |
|  TÜRKİYE | ~8.333 km                  | 57 – 85                  | 25.000 – 29.000+                            |
|  CROATIA | ~6.000 km                  | 50 – 60+                 | 18.000 – 22.500+                            |
|  GREECE  | ~13.676 km                 | 22 – 60+                 | 12.000 – 16.600+                            |

You see, despite our 8,333 kilometers of coastline, Turkey offers only about 25,000–30,000 berths in total. This represents merely around 4% of the overall berthing capacity of the Mediterranean basin – and if we include marinas along the African coasts, our share drops even further. For a nation that stands at the crossroads of civilizations and has the sea in its very soul, this is simply unacceptable.

### **Yacht Tourist = A Customer Worth 30 Times More**

This shortage of capacity isn't just a tourism gap – it's an economic loss that directly impacts our national income. A yacht tourist spends up to 30 times more than a standard hotel guest when you factor in marina fees, fuel, maintenance and repairs, spare parts, groceries, local shopping, dining, and various auxiliary services.

This means high foreign exchange revenue and direct benefit for local businesses. Yet while we turn away these high-value guests, we effectively hand over our earnings to our neighbors – Greece and Croatia. A country like ours cannot afford to lose such high-value visitors to competing destinations.

Because of Turkey's insufficient berthing capacity, the industry is now facing a crisis: there's simply no space left to moor. With demand far outpacing supply, coupled with rising costs, marina prices have reached unreasonable levels. Our own expensiveness is undermining our competitiveness.

These inflated prices and the lack of available berths are pushing yachtsmen to immediately redirect their routes toward neighboring countries that offer more capacity at lower costs. As a result, Turkey has fallen to its lowest level of foreign yacht visitors in the past 25 years.

As someone who has worked in this industry for many years – and as the manager of a marina that, within just six weeks, dismantled and replaced three floating pontoons to better serve our yacht owners – I firmly believe it's time for our government to take action.

We must implement environmentally friendly berthing systems – floating pontoons and floating breakwaters – across our coasts through strategic, sustainable planning. This is how we can protect our seas, boost our competitiveness, and unlock Turkey's true maritime potential.



Floating pontoons have almost no impact on the seabed. During installation, they are simply anchored to a mooring block with a chain – a method that preserves the marine ecosystem and reduces construction time to just a few weeks.

These systems are both eco-friendly and modular, allowing rapid installation within 1-2 weeks, and, if needed, they can be dismantled within days, restoring the environment to its original state.

To remain competitive with other Mediterranean countries, we must urgently increase Turkey's berthing capacity using these sustainable and fast-deploying technologies. Otherwise, we will continue to stand by and watch this enormous economic potential in marine tourism pass us by.

Expanding berthing capacity isn't just about adding more marinas – it's about realizing Turkey's leadership vision in maritime tourism. The government must take proactive steps, streamline the permitting process, and open the way for investors. If not, we'll never see the true economic value of having some of the most stunning coastlines in the entire Mediterranean.

Once again, we're delighted to bring you a sea of inspiring stories, thought-provoking articles, and exclusive interviews – all wrapped in one vibrant issue. As autumn unfolds its full beauty around us, we invite you to sit back, relax, and enjoy reading in peace.

If there's any topic you'd like to see featured in future issues, or if you're interested in advertising in this publication, please feel free to contact our editor, Pinar TEZER, at [✉ pinar.tezer@teosmarina.com](mailto:pinar.tezer@teosmarina.com)

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My team and I wish you peaceful, joyful days  
– filled with endless shades of blue.

#JoyAtTeos!

**FARUK GÜNLÜ**

Teos Marina General Manager



# Have You Read Other Issues?

You can find all our issues on our website.

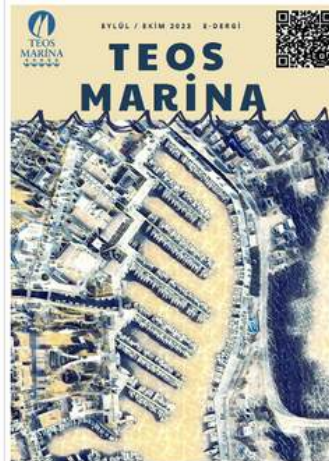
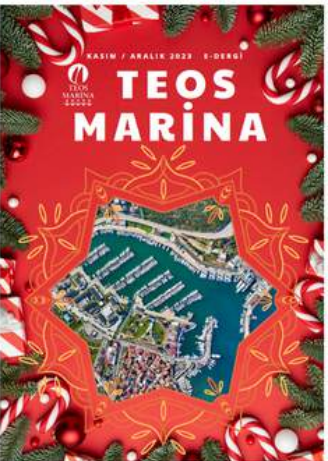


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# TEOS MARINA BLUE NEWS



## TEOS MARINA MEETS YACHTSMEN AT BODRUM BOAT SHOW 2025

Held at Bodrum Port between October 15–19, 2025, the Bodrum Boat Show brought together Türkiye's entire maritime industry.

In its debut year, the event showcased over 200 yachts, hosted nearly 500 brands, and welcomed more than 20,000 visitors throughout the fair.

Far more than just a boat exhibition, the event served as a dynamic meeting point for yacht builders, brokerage firms, equipment suppliers, and marinas — fostering new collaborations and partnerships within the sector.

Teos Marina proudly took part in this important event, connecting with yacht owners, captains, and industry professionals. The Teos Marina stand became one of the most visited spots of the fair, where visitors learned about Sığacık's natural advantages, marina services, future development plans, and sustainability initiatives.

The participation offered the opportunity to reconnect with existing guests and meet new yacht owners, while Teos Marina's premium standards of marina hospitality received great appreciation from visitors.

Teos Marina General Manager Faruk Günlü emphasized that the Bodrum Boat Show has given Türkiye's maritime sector a fresh momentum. Teos Marina's presence at the event also contributed to the promotion of Aegean marinas on a national scale — reinforcing its role as one of the leading names in the region's nautical landscape.



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# TEOS MARİNA BLUE NEWS



## TEOS MARİNA'S PIERS ARE BEING RENEWED!

At Teos Marina, our efforts to create a safe, comfortable, and seamless living space by the sea continue without interruption. The marina's floating pontoons are being redesigned to enhance both the quality and consistency of the services we provide.

As part of this renewal, we are carefully upgrading the electricity, water, fire safety, internet, and security systems on the pontoons. The goal is to offer our guests a more comfortable, environmentally friendly, and aesthetically pleasing marina environment.

The new concrete floating pontoons, with their durability and refined design, will contribute to marina life for many years to come. All works are being carried out while maintaining the natural flow of marina operations. During the process, boats are temporarily relocated to secure areas, ensuring uninterrupted service at every stage.

The comfort and safety of our guests remain our top priority throughout. For Teos Marina, this is not just a physical renewal, but also a step within our long-term development plan. Every detail reflects our commitment to sustainability and our goal of continuously enhancing service quality. We are working toward a stronger infrastructure, safer pontoons, and a more comfortable marina experience.

Teos Marina General Manager Faruk Günlü described the process as follows:

"In marina management, it is essential not only to meet today's needs but also to anticipate tomorrow's expectations. This renewal not only enhances our guests' quality of life but also ensures that Teos Marina continues to thrive as a sustainable, safe, and environmentally harmonious harbor."



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ANNUAL MOORING  
FOR YACHTS 50  
METERS AND ABOVE!

MEGA  
YACHT  
DISCOUNT  
- %50





**MEGA YACHT  
DISCOUNT!**

**-%40**

**40% DISCOUNT ON  
ANNUAL MOORING  
FOR YACHTS  
BETWEEN 40 AND 50  
METERS!**





30% DISCOUNT ON  
ANNUAL MOORING  
FOR YACHTS  
BETWEEN 30 AND 40  
METERS!

MEGA YACHT  
DISCOUNT!  
- %30





40% DISCOUNT  
OPPORTUNITY!  
FOR MINIMUM 90-DAY  
MOORING BETWEEN  
OCTOBER 1 – APRIL 30!

**WINTER  
MOORING  
DISCOUNT!**  
**-%40**





# WINTER STORAGE DISCOUNT ON LAND - %40

40% DISCOUNT  
OPPORTUNITY!  
FOR MINIMUM 90-DAY  
STAYS ON LAND  
BETWEEN  
OCTOBER 1 – APRIL 30!





**STAY NOT  
JUST 12, BUT  
15 MONTHS!**

**3 MONTHS FREE  
MOORING  
FOR YACHTS OVER 150  
M<sup>2</sup> WITH AN ANNUAL  
CONTRACT!**

**+90 DAYS**





1 MONTH FREE  
MOORING  
FOR YACHTS BETWEEN  
100 M<sup>2</sup> – 150 M<sup>2</sup> WITH  
AN ANNUAL  
CONTRACT!  
**+30 DAYS**

**STAY NOT  
JUST 12, BUT  
13 MONTHS!**





THE LONGER YOU STAY,  
THE MORE YOU SAVE!  
ENJOY UP TO 20%  
DISCOUNT ON ANNUAL  
MOORING!

**-%20**

**LOYALTY  
DISCOUNT**





**ENJOY 7 DAYS OF FREE  
STAY ON LAND!**

**7 DAYS ON-LAND STAY  
FOR YACHTS USING  
HAUL-OUT & LAUNCH  
SERVICES IS  
FREE OF CHARGE!**





## PARTNERED SAILING CLUB DISCOUNT!

–%5

5% DISCOUNT ON ALL  
STAYS  
FOR MEMBERS OF  
CRUISING ASSOCIATION,  
KREUZER ABTEILUNG,  
TRANS-OCEAN, SWEDISH  
CRUISING ASSOCIATION,  
AND LITTLE SHIP CLUB!





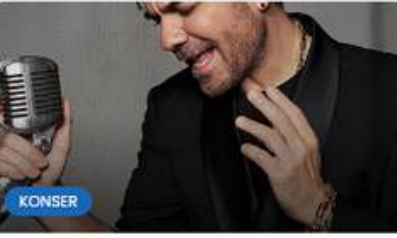
STAY ON LAND UNTIL  
YOU FIND THE PERFECT  
MOORING,  
BUT DON'T MISS  
EXPLORING THE  
BEAUTIFUL BAYS OF  
SIĞACIK!

**HOP ON  
LAND,  
HOP ON  
SEA!**



# November Events Calendar

5



KONSER

**Kenan Doğulu**

5 Kasım 2025

Kültürpark Açık hava Tiyatrosu

6



KONSER

**Karsu**

6 Kasım 2025

Kültürpark Açık hava Tiyatrosu

7



KONSER

**Mabel Matiz**

7 Kasım 2025

Bornova Aşık Veysel Açık hava Tiyatr...

12



TIYATRO

**Ağaçlar Ayakta Ölür**

12 Kasım 2025

Bostanlı Suat Taşer Tiyatrosu

14



KONSER

**Yüksek Sadakat Konseri**

14 Kasım 2025

SoldOut Performance Hall

16



ÇOCUK

**Ters Yüz Duygular**

16 Kasım 2025

Alsancak Gazi Ortaokulu Sahnesi

20



TIYATRO

**Nilgün Belgün'le Aşk ve Komedi**

20 Kasım 2025

Bostanlı Suat Taşer Tiyatrosu

22



KONSER

**M Lisa Konseri**

22 Kasım 2025

Hayal Kahvesi İzmir

23



STAND-UP

**Miray Akovalıgil \ "Ya Bende Bir**

23 Kasım 2025

E.Ü. Konak AKM Yunus Emre Salonu

26



TIYATRO

**Bir 80'ler Hikayesi - Müfit Can**

26 Kasım 2025

Narlıdere Atatürk Kültür Merkezi

28



TIYATRO

**Ne Olacak Şimdi Tiyatro**

28 Kasım 2025

E.Ü. Konak AKM Yunus Emre Salonu

30



ETKİNLİK

**Açık Büfe Pazar: Meksika Sofrası**

30 Kasım 2025

Köşk Alsancak



# Events Calendar December

2



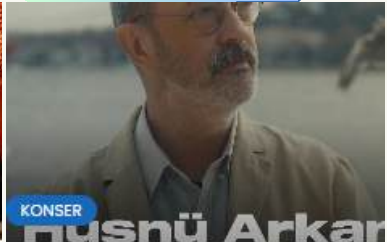
TIYATRO

**Cimri**

2 Aralık 2025

AKM Yunus Emre Salonu

3



KONSER

**Hüsnü Arkan Konseri**

3 Aralık 2025

SoldOut Performance Hall

9



TIYATRO

**Ölü Ozanlar Derneği**

9 Aralık 2025

AKM Yunus Emre Salonu

11



STAND-UP

**Ali Congun - Adliye Çayı Stand-UP**

11 Aralık 2025

Bostanlı Suat Taşer Tiyatrosu

16



TIYATRO

**Geç Kalanlar**

16 Aralık 2025

E.Ü. Konak AKM Yunus Emre Salonu

19



KONSER

**Nihat Sırdar'la 90'lar Kafası**

19 Aralık 2025

The Factory PSM Tarihi Havagazi Fa...

23



TIYATRO

**Eser Yenenler ile İtiraf Et**

23 Aralık 2025

IstinyeArt %100 Performans Arena

25



TIYATRO

**Uğur Yücel - Neyzen Tevfik "Hiç"**

25 Aralık 2025

Ahmed Adnan Saygun Sanat Merkezi

27



TIYATRO

**Bilinmeyen Bir Kadının Mektubu**

27 Aralık 2025

İzmir Nazım Hikmet Kültür Merkezi

28



TIYATRO

**Sefiller**

28 Aralık 2025

E.Ü. Konak AKM Yunus Emre Salonu

31



KONSER

**Dj Hakan Küfündür - Mansur Ar...**

31 Aralık 2025

The Factory PSM Tarihi Havagazi Fa...

31

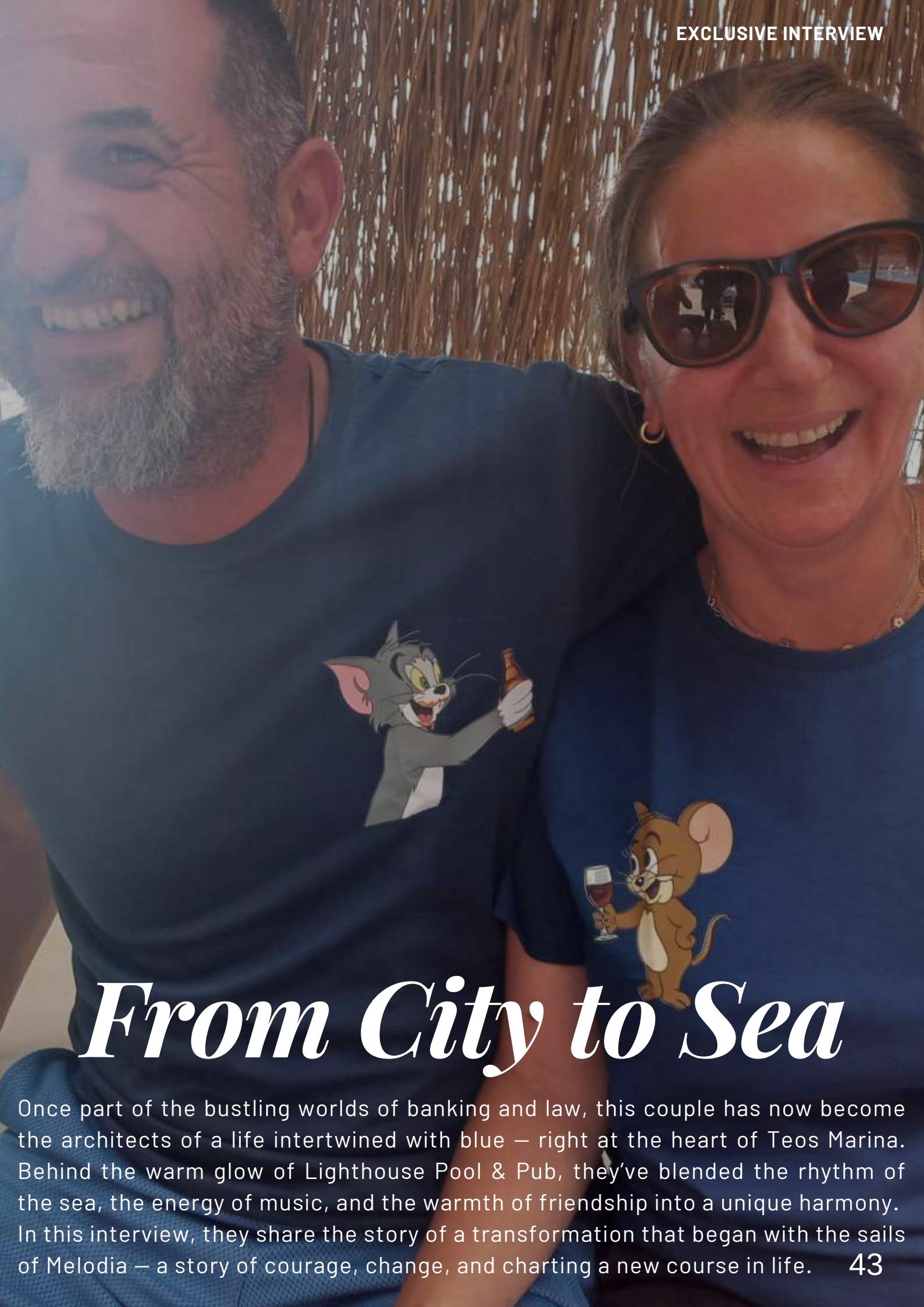


KONSER

**Aziz Vukolosta Akustik Günler - ...**

1 Aralık 2025 - 29 Aralık 2025

Aziz Vukolos Kilisesi Kültür Merkezi

A man and a woman are smiling and posing for a photo. The man, on the left, has a grey beard and is wearing a dark blue t-shirt with a cartoon of Jerry the mouse holding a beer. The woman, on the right, is wearing sunglasses and a dark blue t-shirt with a cartoon of Jerry the mouse holding a glass of wine. They are standing in front of a wooden slatted background.

# *From City to Sea*

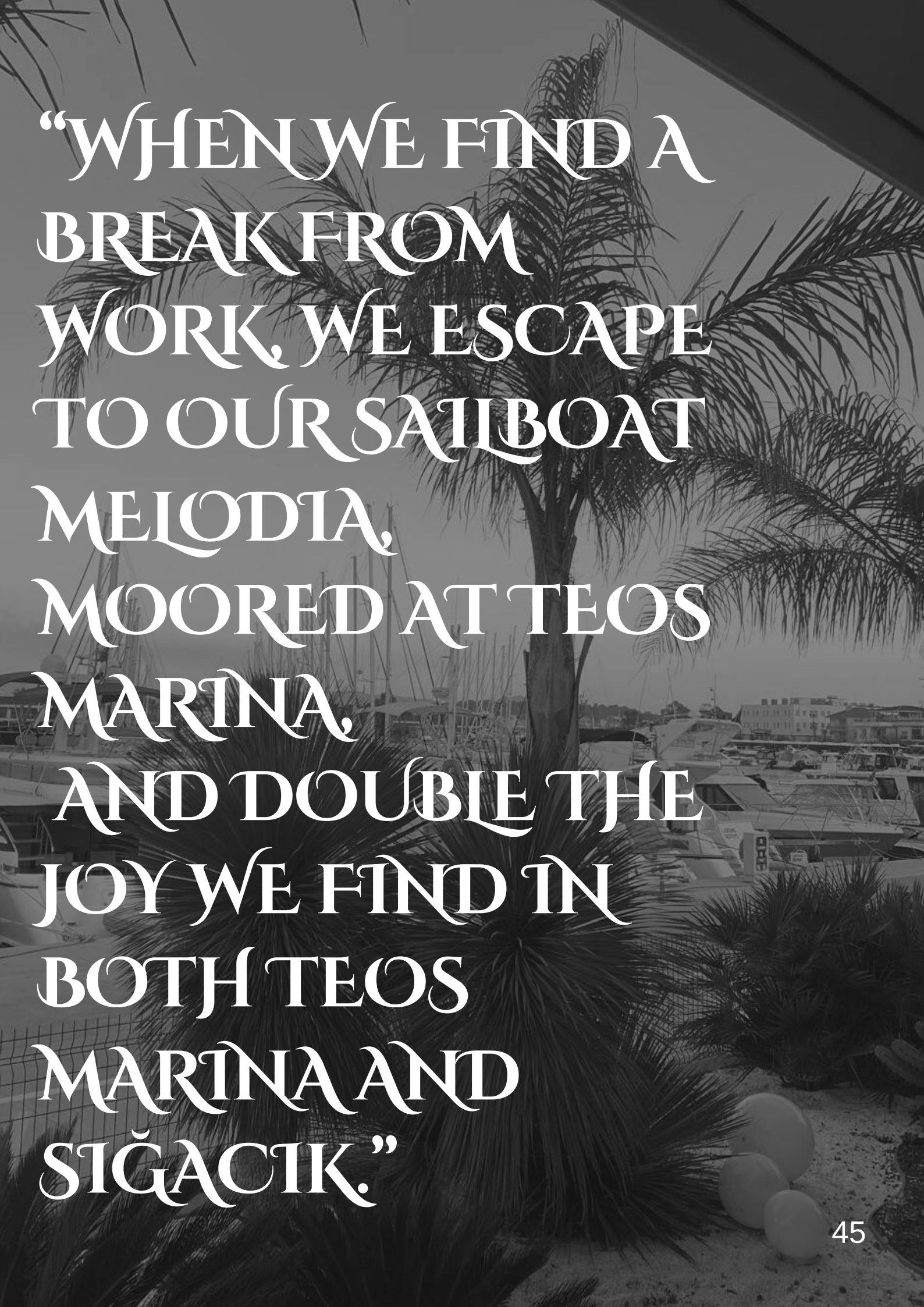
Once part of the bustling worlds of banking and law, this couple has now become the architects of a life intertwined with blue — right at the heart of Teos Marina. Behind the warm glow of Lighthouse Pool & Pub, they've blended the rhythm of the sea, the energy of music, and the warmth of friendship into a unique harmony. In this interview, they share the story of a transformation that began with the sails of Melodia — a story of courage, change, and charting a new course in life. 43



**Teos Marina:** Let's start by getting to know you a little better. Who are the people behind Lighthouse Pool & Pub, Melodia, and this beautiful story? Where did you come from, how did you meet, and what brought you to Teos?

**Lerzan:** We both come from a banking background. The feeling that we didn't quite belong in that world definitely played a role in bringing us closer together. Tolga resigned first, and about a year later, I followed. At the time, I can't deny I thought my life had turned upside down – but now I realize that for us, the upside down was actually the better side of life. Tolga has been a sailor since his youth. When he quit, thanks to the circumstances at the time, he immediately began helping a friend who was giving sailing lessons and repairing boats here at Teos Marina – and I can honestly say, he has been my teacher ever since.

As for me, I made a softer transition from corporate life by practicing law and mediation for a while. In the meantime, Tolga and his friends opened a yacht market here at the marina, offering equipment and supplies for boat owners. Shortly after, they also took over the lease of the yacht café and pool area within Teos Marina and began running it. Of the three friends who started the business together, it's just the two of us now – and the journey that began back then continues today under the name Lighthouse Pool & Pub.



“WHEN WE FIND A  
BREAK FROM  
WORK, WE ESCAPE  
TO OUR SAILBOAT  
MELODIA,  
MOORED AT TEOS  
MARINA,  
AND DOUBLE THE  
JOY WE FIND IN  
BOTH TEOS  
MARINA AND  
SIĞACIK.”



**Lerzan:** When I completely stepped away from law, right at the beginning of the pandemic, Tolga and I decided to try our hand at hospitality by leasing a small hotel in Akarca called Lavantalı Konak. Despite all the challenges of the pandemic, we managed to run this boutique hotel with great joy for about three years.

However, once the pandemic ended and Lighthouse reopened, we suddenly found ourselves in a nonstop routine. When the workload grew beyond what we considered a “passion project,” we decided to hand over the hotel.

Now, we continue our journey with what we lovingly call our second home – Lighthouse Pool & Pub. And whenever we can steal a moment from work, we escape to our sailboat Melodia, moored at Teos Marina, doubling the joy we find in both Teos Marina and Sığacık.

**Teos Marina:** Mr. Tolga, after an 18-year career in banking, how did you find the courage to make such a bold decision? Do you remember the moment you left the desk behind and turned toward the sea?

**Tolga:** Yes, after 18 years in banking, I finally managed – on my third attempt – to take the step that opened the door to our current life. The day I left the bank, I felt incredibly happy and excited to finally pursue the dreams I had postponed for years amid financial worries, friendly persuasion, and family advice.

The sea has always had a place in my heart, largely because I spent my childhood in Marmaris. My passion for the sea began back then with an optimist dinghy and grew alongside me over the years. Looking back now, I can truly say that the blue waters and Teos Marina have brought me good fortune.



**Teos Marina:** Ms. Lerzan, you're still practicing law. How does having a background in law and finance contribute to your work as a business owner?

**Lerzan:** Yes, I still carry both my lawyer and banker identities, and they've been incredibly useful in running a business. My former titles have played a big role in shaping who I am today. Career, status, success... of course, these are all meaningful – but what truly matters is where a person feels they belong.

**Teos Marina:** Working together as a couple can be challenging at times. How do you maintain balance?

**Lerzan & Tolga:** While we sometimes struggle with day-to-day details, when it comes to important matters, we truly complement and balance each other. The secret lies in clearly defining our areas of responsibility. You could say we're the "bosses" of different aspects of the same business. We always exchange ideas, but the final decision belongs to whoever is responsible for that particular area. In our partnership, there isn't one mind and one heart – there are two minds and two hearts. 😊

# TEOS MARİNA

EGE'DE DÖRT MEVSİM DENİZİ YAŞAYANLARIN  
KALİTELİ VE KONFORLU BULUŞMA NOKTASI

*OFFERS A QUALITY AND COMFORTABLE MEETING POINT OF THOSE  
WHO EXPERIENCE THE FOUR SEASONS AT SEA IN THE AEGEAN*

**Sığacık'ı keşfet!**

**Explore Sığacık!**



İzmir'in yanı başında  
Right next to İzmir



Pırıl Pırıl Koylar  
Immaculate Bays



Alışveriş  
Shopping



Yeme & İçme  
Food & Beverage



Deneyimli Teknik Atölyeler  
Experienced Technical Workshops



TEOS  
MARİNA  
ANCHORS

With bays showcasing every shade of blue, crystal-clear air, rich history, organic flavors, and an authentic atmosphere, Teos Marina Çarşı in Sığacık offers a unique experience where shopping, dining, and entertainment meet the elegance and simplicity of Mediterranean architecture.

Follow [@teosmarinaofficial](#) on Instagram for concerts, events, and more!



For a place that feels both inside and outside of  
İzmir at the same time—visit Teos Marina Çarşı!

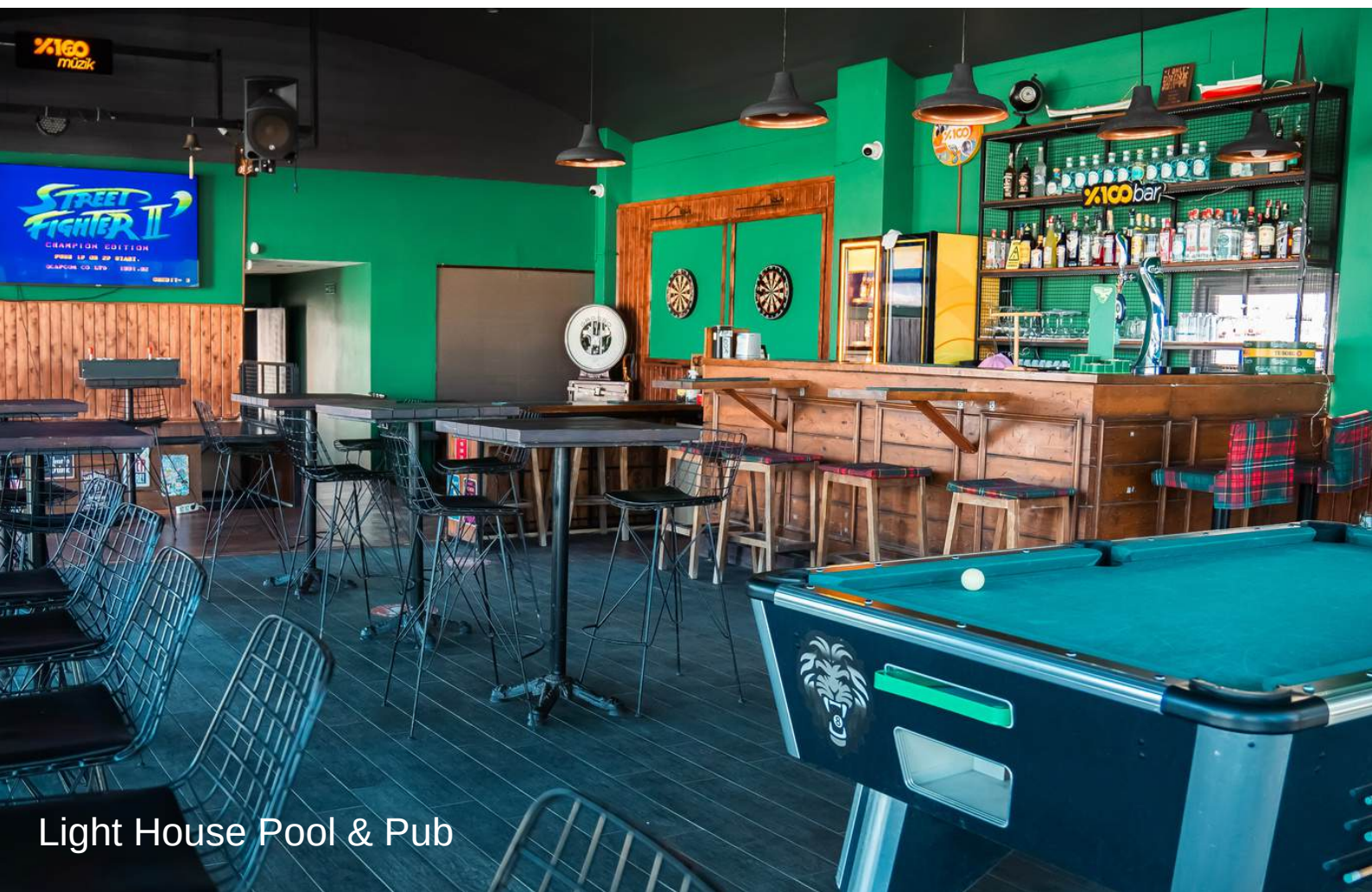
**Teos Marina:** How did the idea for Lighthouse Pool & Pub come about?

**Lerzan & Tolga:** When we first arrived at Teos Marina, we started out with a small business almost right on the water. Over time, the connections we built, the dreams we nurtured, and the effort we invested led us first to Oldcity Yacht Market (now Karina Yacht Market) and later to Lighthouse.

Opening a pub had been a dream of mine since my youth – and I can honestly say that Teos Marina brought us luck. But of course, Lighthouse isn't just the product of good fortune. We owe a great deal to the wonderful people we work with and to the Teos Marina management who trusted and supported us. Lighthouse is not only a dream come true but also a reflection of that shared trust and support.

**Teos Marina:** Your venue, Lighthouse, truly has a special atmosphere. In your opinion, what makes it so unique?

**Lerzan & Tolga:** Every corner of Lighthouse carries our personal touch and hard work. We've faced a lot – from the pandemic to the tsunami – yet with the support of our guests, we've continued doing what we love for seven years now. Lighthouse is our home; everyone who comes here is our guest. Our team members, just like us, also come from corporate backgrounds – Ahsen was an event organizer, Pelin a banker, Serhat from finance... We all come from different worlds, and somehow, we've all found each other here. People who visit Lighthouse either fall in love with it instantly or feel they don't belong at all – there's rarely an in-between.



Light House Pool & Pub



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⚓⚓⚓⚓⚓





**Teos Marina:** Where does the light of Lighthouse come from, in your opinion?

**Lerzan & Tolga:** From our friendly, genuine approach. We truly want to host our guests here. We also have great relationships with the other businesses at Teos Marina. We enjoy building new friendships and creating together. Perhaps that's what keeps this place alive – always seeking innovation before we ever grow weary.

**Teos Marina:** Lighthouse attracts quite a diverse crowd. Who would you say it's a meeting place for?

**Lerzan & Tolga:** It's hard to say it caters to one specific group. You'll find both the young and the more mature here. While we lean toward a rock music vibe, our karaoke nights and themed events offer something for everyone. During winter, we also welcome guests who simply want to play games, chat, and enjoy a cozy evening together.

**Teos Marina:** Let's talk a bit about Melodia. How long has she been with you, and what's behind the name?

**Lerzan:** Sailing has always been a passion for us, but Melodia is quite new – it's been about six months. Her name comes from our daughter, Ezgi, which means "melody" in Turkish – Melodia is the Spanish version of it. Tolga had wanted a sailboat for a long time, and though I resisted at first, the moment I saw Melodia, I gave in completely. Sleeping at sea, turning off the engine, and opening the sails... it's a feeling that's simply beyond words.

**Teos Marina:** What has life on a boat been like for you?

**Tolga:** Owning a boat at the marina brings great comfort. The sense of community, our friendships, our social circle – it's all very fulfilling. But being a boat owner also comes with responsibility. You have to stay on top of maintenance and pay attention to every detail; otherwise, accidents are inevitable.



**Teos Marina:** Do you have plans for a long sailing trip with Melodia?

**Lerzan & Tolga:** We haven't taken a long voyage yet since we bought the boat in the middle of summer. But this coming spring, we're planning an extended journey with our four dogs. We don't have a plan to sail around the world, but we'll go everywhere that the sea can take us.

**Teos Marina:** What is it like to live in Teos Marina?

**Lerzan & Tolga:** Teos Marina is both comfortable and secure. From mooring services to cleanliness, from the orderly docking system to its advantageous location, it stands out as one of the leading marinas. And thanks to the nearby bays, the sailing comfort here is exceptional.

**Teos Marina:** What has leaving the city given you?

**Lerzan & Tolga:** At this point, city life — even in İzmir — feels almost impossible for us. The traffic, the crowds, the stress... all we want now is to return to our little coastal haven as soon as we can.



“LIFE LOVES  
THE BRAVE —  
SOMETIMES,  
YOU JUST  
HAVE TO  
KNOW WHEN  
TO LET GO  
AND LEAVE.”



**Teos Marina:** You're telling a story born of courage. In your view, how does one find balance in life?

**Lerzan & Tolga:** Life loves the brave. Sometimes, you just have to know when to let go and move on. We don't look back on our corporate past with resentment – the experiences we gained there shaped who we are today. True balance lies in carrying what you've learned without complaint.

**Teos Marina:** What are your plans for the future?

**Lerzan & Tolga:** Our course is now set toward things that are less exhausting and more fulfilling. We always have new ideas in mind, but we'll decide which ones to bring to life when the time feels right.

**Teos Marina:** Finally, what would you say to those who dream of a life at sea but haven't yet found the courage to take the leap?

**Lerzan:** The sea and sailing are passions – once you fall in love, there's no turning back. But it shouldn't be a passing whim. Owning a sailboat isn't just about buying a boat; it's about stepping into an entirely different culture. If your circumstances allow, don't wait for retirement – do it now. The best boat isn't your friend's boat; it's your own.

**Teos Marina:** This has been such a pleasure – thank you. :)

**Lerzan & Tolga:** Thank you, too. :)



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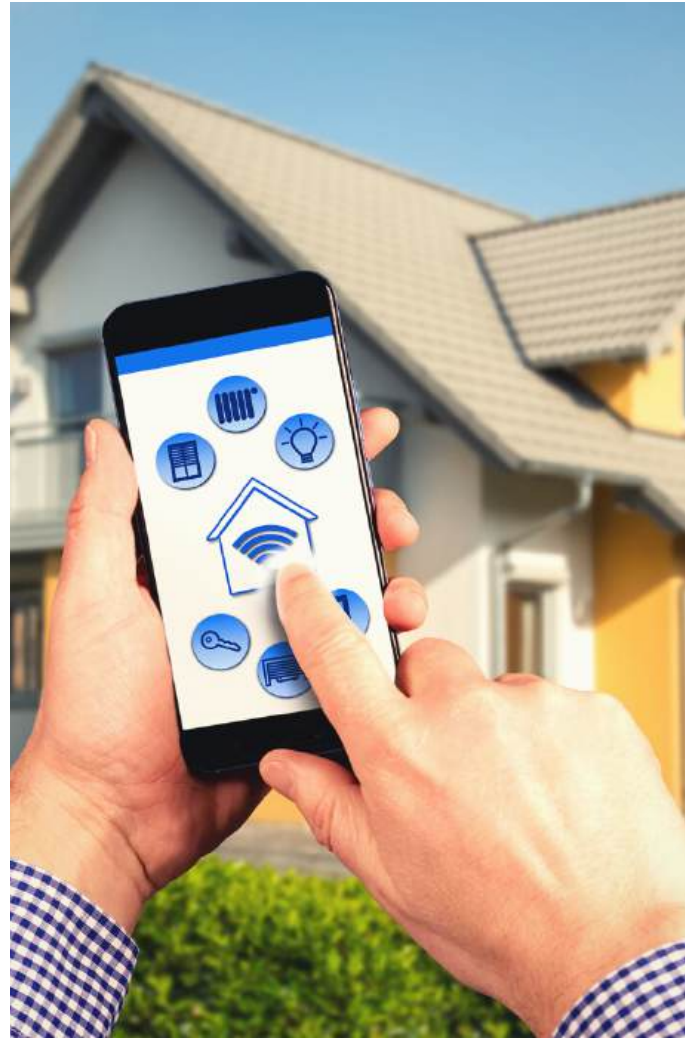
# Is Living for Comfort, Really Living?



COMFORT — A CONCEPT HUMANITY HAS CHASED FOR CENTURIES; FOUGHT WARS FOR, BUILT CITIES FOR, AND INVENTED ENDLESSLY IN PURSUIT OF. FROM THE FIRST PRIMITIVE SHELTERS TO THE MODERN SMART HOMES OF TODAY, FROM FIRE TO FINGERTIP-CONTROLLED WORLDS, THE STORY OF HUMANKIND REVOLVES AROUND A SINGLE DESIRE: TO TIRE LESS, RISK LESS, AND SUFFER LESS. IN SHORT — TO BE COMFORTABLE.

BUT IS THIS STATE OF COMFORT TRULY WHAT KEEPS US ALIVE? OR DOES IT, BY REMOVING MOVEMENT, CHANGE, SURPRISE, AND EVEN PAIN — THE ESSENCE OF LIFE ITSELF — SLOWLY LULL US INTO A PLEASANT KIND OF NUMBNESS?

PERHAPS IT'S TIME TO ASK THE REAL QUESTION: IF WE LIVE MERELY FOR COMFORT... ARE WE TRULY LIVING AT ALL?



## THE EVOLUTION OF COMFORT: FROM CAVE TO SMART HOME

Humankind's struggle with nature is one of its oldest instincts. When we discovered fire, we escaped the cold; when we invented the wheel, we shortened distances; when we built shelters, we hid our fears behind walls. Each discovery made life a little easier — yet also created a distance, a soft, invisible cushion between us and nature, risk, even ourselves.

Today, that cushion is no longer just physical — it has turned into a digital shell. With a single touch, we can order food, adjust our home's temperature, and spend an entire day without speaking to anyone. It seems like the peak of comfort, but in truth, it is the lowest point of human connection. The world may now rest at our fingertips, but our hearts are miles away.

The evolution of comfort has brought us not freedom, but habit. We have become a species that says, "I never want to struggle again." Everything has become easier — yet as it has, our resilience has faded, our patience has shortened, and the depth of our emotions has shallowed.

Comfort, at first glance, seems like a peaceful gift. Yet too much comfort weakens the muscles of the soul. We only truly meet ourselves when we're a little uncomfortable, a little challenged, a little afraid. But modern humans have learned to flee from all forms of discomfort — from emotional pain, uncertainty, loneliness, even silence.

Today, discomfort is almost treated like a malfunction — something to be fixed, silenced, or erased. If you're sad, there's a meditation app; if you're bored, a video platform; if you're anxious, a pill. Society has turned discomfort into a personal flaw. But in truth, discomfort is the engine of existence — it moves us, transforms us, and helps us grow.

There is no growth in comfort; only repetition. The comfort zone eventually becomes a cage. Inside, everything feels familiar — warm, safe, easy. Yet it's also predictable, colorless, and shallow. Life's most valuable experiences — love, creativity, courage, discovery — all exist just beyond that boundary.

Perhaps the greatest danger today is this: no one wants to take big risks anymore. We fear mistakes, failure, criticism. That fear sterilizes life itself. But to truly live... is to get a little dirty.



## THE NEW FACE OF COMFORT: DIGITAL EASE

Once, comfort was physical — now it's mental. We no longer live to rest our hands, but to rest our minds. Algorithms now do the thinking for us: they tell us what music we'll enjoy, which news we should read, which route we should take.

Yes, we've achieved comfort — but we've stopped thinking. Even our choices are guided by digital curators. Life has become easier, but our ability to decide has grown weaker.

The most dangerous form of comfort is the one we don't notice — when we willingly hand over our freedom. Every time we press a button and let everything become "automatic," we also surrender a part of our responsibility to live consciously. We no longer even have the luxury of making mistakes, because the system decides what's "right" for us.

But there's something we've forgotten: it's in our mistakes that we are most human. Comfort, by eliminating error, also erases originality. Everyone lives within the same mold of ease, enjoys in the same way, and seeks the same kind of peace. Even difference has become a curated form of comfort.

There's no term in psychology called "comfort addiction" — but perhaps there should be. Because the most subtle addiction of our age is the constant craving to feel at peace. Relaxation has stopped being a need; it has become an identity. "I don't do drama, I live calmly."

Yet the human psyche is like an ocean — no matter how calm the surface appears, storms brew in the depths. Suppressing those storms doesn't make them disappear; it only ensures they return as even larger waves.

Many people now see emotional intensity as a threat. We fear falling in love, forming deep bonds, or taking risks — because all of these come with the possibility of discomfort. But the vastness of life begins the moment we step outside our comfort zone.

Sailors know this well: if you want to find peace in the middle of the sea, you must first learn to make friends with the waves. Life is no different. If you wish only for smooth, still waters, you'll live your whole life on a lake — and never truly see the sea.



Today, comfort is no longer a necessity — it has become a life ideology. “The less you struggle, the more successful you are” has quietly become the motto of the modern world. Once, aristocrats took pride in keeping their hands clean; now, the digital aristocrats take pride in optimizing their time. Robot vacuums, automatic coffee machines, one-tap services... everything makes life easier, yet it also thins out its meaning.

What once symbolized dignity — effort — is now treated as a lower-class virtue. Yet the flavor of a meal deepens with the time spent cooking it; a friendship strengthens through shared struggles. Comfort doesn't liberate us — it makes us dependent. We no longer know the person who carried the water; we just turn on the tap.

When you see someone sipping their morning coffee on a boat deck in the marina, you witness the perfect picture of serenity. But within that calm lies a subtle question: Is this true inner peace, or simply an aesthetic escape from the world?

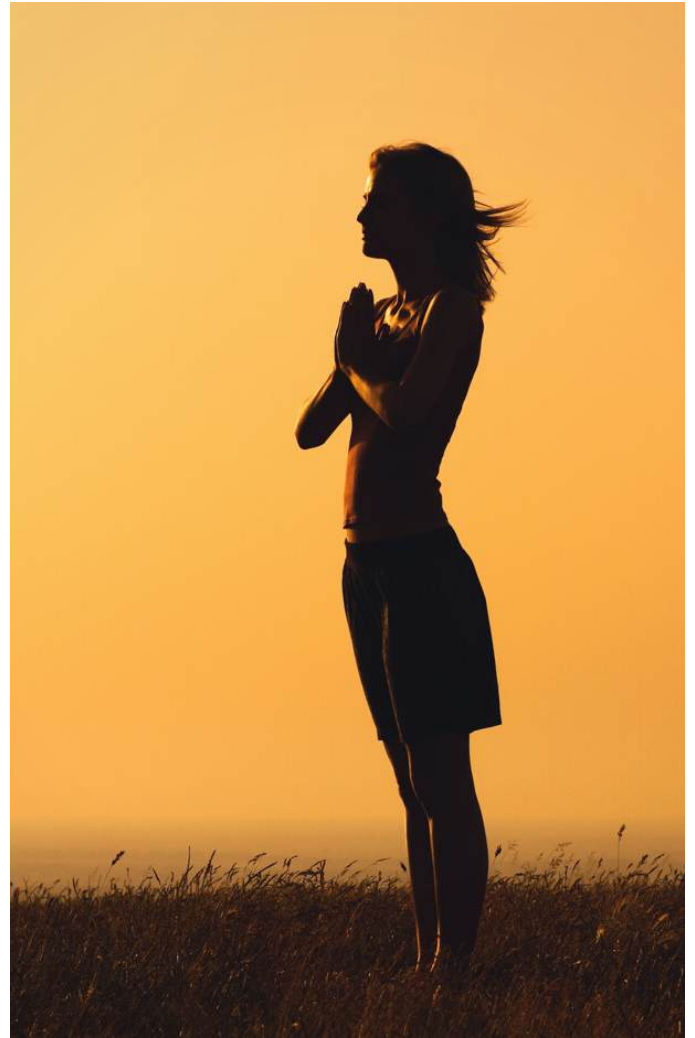
Yacht life is the fine line between freedom and escape. The sea doesn't make you forget — it merely slows you down. If there is no peace within, the silence won't comfort you; it will only confront you with yourself. Real comfort isn't drinking white wine on deck — it's savoring the moment, knowing it will never come again.

In today's world, the idea of comfort has become a marketing tool. Brands that say "Your comfort is our priority" are, in fact, making people dependent on their systems. Every new "comfort product" only deepens our reliance on the previous one. Even the act of feeling good has turned into an industry. Wellness retreats, digital detox camps, personal awareness trainings — all promise peace, yet endlessly postpone it. Because once you truly find peace, you stop buying.

Comfort also dulls creativity. History's greatest thinkers, artists, and sailors were all born out of discomfort. Curiosity is the child of incompleteness. Discomfort pushes us to think, to create, to set out on new journeys. A comfortable mind is content; its urge to question fades. Comfort may not kill creativity — but it tames it. And tamed creativity becomes nothing more than decoration — an aesthetic stripped of soul.

Discomfort, when embraced, is a teacher. Fatigue teaches patience. Loneliness teaches how to listen to your inner voice. Uncertainty teaches surrender. But modern humans now live in constant escape from these lessons. The more we run from discomfort, the farther we drift from life itself — like a sailor who turns away from the sea because he can't face the wind.





## LONG STORY SHORT...

True peace is not the absence of discomfort.

Peace is the ability to stay centered even when you are uneasy — because real peace is born not from external conditions but from inner balance. The most peaceful moment isn't when you're sitting comfortably on your couch, but perhaps when you look out at the dark sea late at night and feel that quiet stillness within. That moment doesn't come from comfort — it comes from truly living.

Nothing at sea is ever perfectly comfortable. The wind shifts, ropes loosen, waves rise. And that's precisely why the sea prepares us for life better than anything else. A sailor learns to stay calm in a storm, knowing that panic is more dangerous than the wave itself. They don't seek comfort — because comfort is temporary, but balance is lasting. Even in hardship, they love the sea, because every struggle is proof of being alive.

Life is no different: an easy course takes you nowhere, but a difficult one brings you back to yourself.

Living for comfort silences the human instinct to grow. Life always begins with discomfort — a baby is born crying, a tree breaks through the soil to rise, the sea shapes the shore by striking it again and again. No beauty is ever born from ease. Perhaps the meaning of life is not in seeking comfort, but in being willing to let it go. To truly live is to step outside the familiar — just like setting sail: no matter how well-prepared you are, you can never predict what the wind will bring. Yet that uncertainty is life itself.

Humanity's greatest illusion has been searching for peace in comfort. But peace lives in the very heart of risk — in that moment when your heart beats faster and you feel utterly alive. Because life isn't meant to be comfortable; it's meant to be felt.



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⚓⚓⚓⚓⚓

# THE PROMISED LAND ILLUSION

The Symbolic Paradise Effect in Migrants

A person always imagines the places they don't belong as more beautiful.

The farther the horizon, the brighter the hope it holds.

For someone waiting on the shore, the opposite coast is never just a piece of land; it's a symbol of salvation, peace, and a chance to begin again.

Yet, more often than not, once you reach that distant shore, you realize — the place you thought was paradise is merely another reality.



# THE PSYCHOLOGY OF ESCAPE: THE PLEASURE OF NOT BEING HERE

The desire to leave is rarely just geographical — it is a psychological act of rebellion.

A migrant doesn't only change their passport; they also change the meanings they've attached to life.

The idea of "somewhere else" is born out of suffocation: economic stagnation, political pressure, social fatigue, personal burnout. When these collide, the mind begins to craft what could be called the promised land syndrome.

This syndrome is more than a wish to migrate — it's a myth of salvation.

"There, the system is fairer."

"There, people respect each other."

"There, hard work is rewarded."

"There, life is truly lived."

These are not the outcomes of rational analysis but the echoes of emotional hunger. When individuals lose their sense of justice, prosperity, or safety within their own system, they project those longings onto "another country."

In psychology, this is called idealization: making perfect what you cannot reach, sanctifying what you cannot possess.

A country sometimes becomes much more than its borders — it turns into a symbol, a metaphor for promise.

The American Dream, European Civilization, Scandinavian Justice, Canadian Courtesy, Australian Freedom...

Each of these is less a geopolitical reality and more a collective imagination.

In the minds of migrants, these nations become symbolic paradises — representations of perfect order, societies where fairness prevails, and worlds where the individual is respected.

But here's the truth: symbolic paradises are not born from real justice — they are born from the injustice of one's own land.

What creates the idea of heaven there is the experience of hell here.

The migrant rarely knows exactly where they are going; they know only what they are fleeing.

And that's why "there" always feels flawless — because you never see its flaws. Imagination keeps polishing it, again and again.

Just like the sea — shining brilliantly from afar, yet stinging with salt once you dive in.



## THE ANATOMY OF CONFINEMENT: IS LEAVING AN ACT OF COURAGE OR SURRENDER?

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Migration has always been a symbol of searching — a movement toward something hoped for.

But today, that search has shifted from rebuilding oneself to escaping oneself.

The modern migrant doesn't leave solely for economic reasons; they flee from existential exhaustion. They grow intolerant of their country's language, politics, social tensions — even its daily conversations. It becomes a collective suffocation: "This place is choking me."

Yet leaving does not always mean liberation.

Sometimes escape becomes the beginning of a new kind of dependence — adapting to a new country's system, its rules, its culture, and accepting the invisible hierarchy of being "a guest."

In that sense, migration can turn into nothing more than changing one's chains.

At this point, the line between courage and escape grows thin.

What separates one from the other is intention.

Those who leave with courage write a new story.

Those who leave out of fear continue their old one — just somewhere else.

## THE MECHANISM OF IDEALIZATION: EVERYTHING LOOKS PERFECT FROM AFAR.

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Freud's concept of "displacement" fits perfectly here.

An individual transfers what they cannot resolve onto a new ground. The disappointment they feel in their own country is projected onto another — a way to preserve psychological balance. In this sense, the dream of "salvation" becomes a stabilizing illusion.

But idealization follows a cruel rule: it collapses as you get closer.

Once you arrive in a new country, you inevitably face its imperfections.

What you once called justice may turn out to be nothing more than efficient bureaucracy.

Prosperity often comes with the high rent of loneliness.

Freedom can carry the hidden cost of emotional distance.

And at that point, paradise becomes ordinary.

Before long, the migrant finds themselves uttering the same sentence again: "People are unhappy here too."

That is the moment of realization — the problem was never the geography, but the perception.

## MIGRANT MELANCHOLY: BELONGING TO NOWHERE.

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To be a migrant is to live in constant motion between two worlds.

The place you go never fully accepts you; the place you left no longer recognizes you.

You exist in an echo of identity — your voice suspended between two walls.

This is not only a physical displacement but an emotional one.

As sociologist Zygmunt Bauman said, in the "age of liquid identities," we can no longer take root anywhere.

The migrant belongs neither to the land they've arrived in nor to the memory of the one they left behind.

They long for a harbor — yet every harbor is temporary. Over time, this transience becomes a kind of existential fatigue.

The "paradise" they dreamed of turns out to be just a long layover.

And one day, the migrant realizes — what hurts most is not leaving, but never being able to return.





One of humanity's oldest dreams has always been the hope of going somewhere better.

This longing is not merely geographical — it is a state of mind. Every era creates its own promised land — sometimes a continent, sometimes an ideology, sometimes simply another way of living. In today's world, that dream is reborn in the suitcases of migrants, in filtered images on social media, and in the waiting halls of airports.

This is where the symbolic paradise effect emerges. To escape the feeling of stagnation, people imagine another country as perfect, just, and peaceful. That country ceases to be a real geography; it becomes a land woven out of hope and longing. For the one who leaves, it's a new beginning. For the one who stays, the idea that "life is better there" becomes a comforting excuse — a way to ease personal disappointment. Thus, individual helplessness transforms into a collective hope. One person's departure becomes a symbol of salvation for everyone.

But this phenomenon extends beyond individual psychology; it seeps into the social consciousness. People begin to see the injustices, failures, and frustrations they experience not as flaws of the system, but as flaws of the place. The phrase "It's like this here, but it's different there" becomes a common social defense mechanism. Gradually, the effort to change is replaced by the urge to escape. Migration is seen as a solution — staying becomes a weakness.



And yet, the idea of a "promised land" is one of humanity's oldest stories.

Moses leading his people to the land of Canaan is not just a religious tale — it is a myth of salvation rooted deep in our collective unconscious. Its modern version unfolds not in scripture but in visa applications and immigration forms. The Canaan of our time may be Germany, Canada, the Netherlands, or Australia — yet the essence remains the same: "Life is fairer there, people are more civilized, the system is more humane." This belief stems not from fact, but from feeling.

But migration is not the act of stepping through the gates of paradise. The migrant tries to escape their past — yet inevitably carries it with them. They pack their pain, fears, habits, and the echoes of childhood into their suitcase. The new country merely changes the color of that suitcase; its contents remain the same. Because even when the geography changes, the person does not.

Of course, not every migration story is an illusion. Some truly leave to survive, to protect their families, to pursue education, or to build a future. But even these journeys create new forms of inequality. High-welfare societies often see outsiders as permanent guests. No matter how well you adapt, your identity remains attached, never fully absorbed. You may become a citizen, but never a native. Collective memory keeps you positioned as the other. And so, the modern migrant becomes like a tree whose roots have been torn from the earth — safe, perhaps, but rootless; successful, yet never truly belonging.



Migration today is no longer just a physical journey — it has become a digital experience.

Social media has turned people into migrants within their own countries. Every day, we are exposed to images of perfect lives in distant places: aesthetic coffees, spotless streets, smiling faces. Everything there seems more beautiful. We have migrated without moving — mentally distancing ourselves from where we live, becoming spectators of another life. This creates a new kind of alienation — from our surroundings, our society, and eventually, from ourselves.

The quietest tragedy of migration belongs to those who can never return. Some are too far to come back; others do return but no longer feel at home anywhere. The place they went to never became home, and the place they left is no longer the same. This in-betweenness is the invisible statelessness of the modern era. Over time, the migrant realizes: leaving is not freedom — it is simply another boundary. Every country builds its own invisible walls — through bureaucracy, cultural codes, or quiet prejudice.

Yet the deepest form of migration can happen without ever moving. One may stay in their homeland but have already left in spirit. Their body remains, but their soul has gone elsewhere. This inner migration is not measured by passports but by belonging. A person can become foreign to their own country, their values, even their language. In that state, staying becomes its own form of exile. And perhaps it is here that true awareness begins: paradise is not a country, but a state of consciousness. Every place holds both heaven and hell within it — shaped by how we see it. If there is no peace within you, even the most orderly city will appear gray. But if you have found inner balance, even the simplest village can feel like an oasis.

Humanity's longing for migration is, at its core, a continuation of its belief in hope. It should not be dismissed, but understood. Yet when hope merges too closely with illusion, it turns into poison. Promised lands do not heal inner emptiness; they only postpone it. Because no matter where we go, we take ourselves with us. If there is no peace within, no land will ever be promised.

True freedom is learning to live without seeking refuge anywhere.

Because no system, no nation, no border can ever quiet the chaos within.

Paradise is not found in the place you go — it is built in the place you can stay.

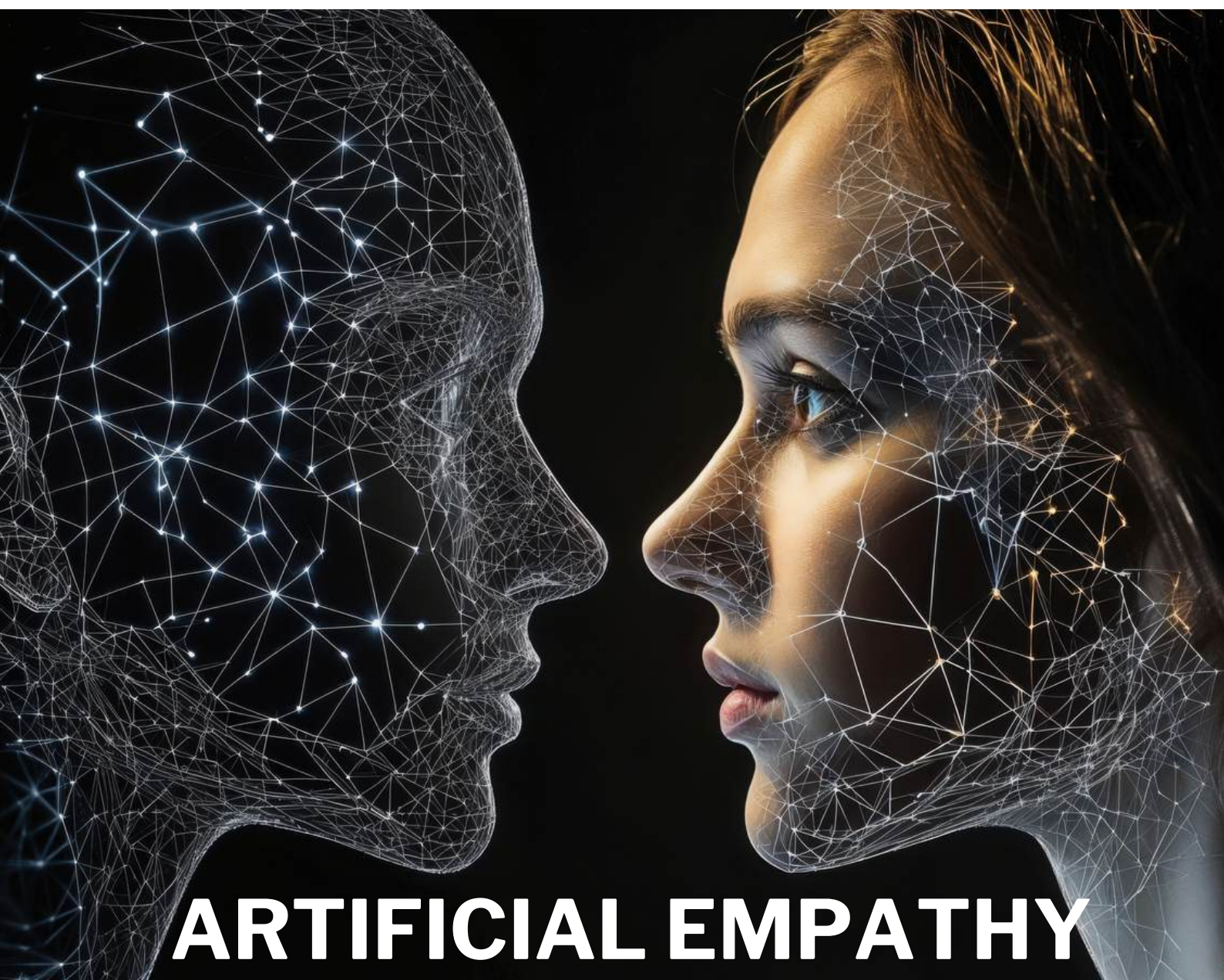
It is not another country, but another state of being.

And for those who carry that awareness, the world is no longer distant.



TEOS  
MARINA





# ARTIFICIAL EMPATHY

## *WHEN TECHNOLOGY IMITATES OUR EMOTIONS*

Once, emotions represented what was most unique about being human. Love, shame, guilt, patience, empathy – all were things that could only be felt, never quantified. Yet today, technology has managed to turn even the rhythm of our hearts into data. An algorithm can now recognize a smile on our face, detect anxiety in our tone of voice, and even infer sadness or anger from a text we write.

Emotions are no longer just felt – they are classified, labeled, and analyzed.

And it's right here, at this very intersection of data and feeling, that we reach one of the most dangerous thresholds of our age: artificial empathy.

Artificial empathy creates an illusion — the feeling that machines understand us, when in truth, they merely imitate us.

Real empathy isn't about feeling someone's pain; it's about standing at the edge of that pain, staying present in silence when words no longer help. Technology, however, simplifies this depth. Even a messaging app can now say, "You seem sad — would you like me to cheer you up?" These sentences of synthetic kindness appear comforting, yet they are nothing more than the output of code. The danger lies in their effectiveness — people are beginning to lose the ability to distinguish between being understood and being accurately analyzed. Perhaps this is the greatest paradox of modern life: we have never been so connected, yet we have never felt so alone.

AI-driven chatbots, digital therapists, virtual assistants, and customer service bots — they all deliver "empathetic" responses. But that empathy doesn't come from emotion; it comes from prediction. True empathy waits, listens, allows time. Algorithms, on the other hand, rush. A human listens; a machine replies. A human stays; a machine passes.

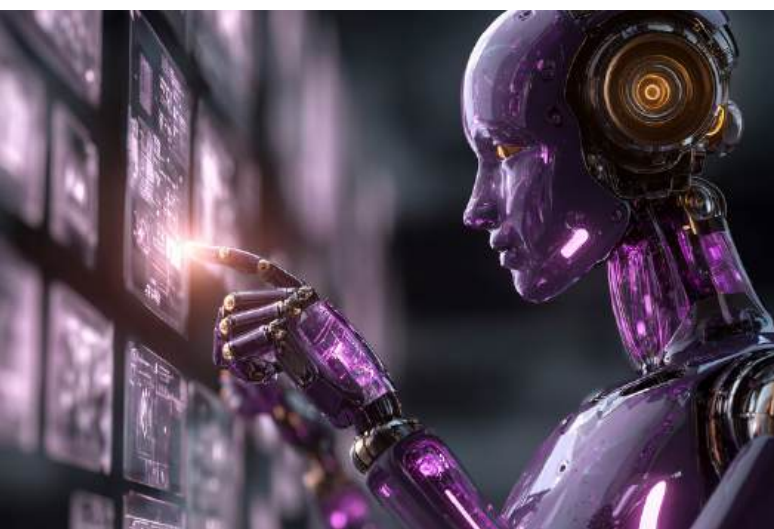
And the more we forget this difference, the more we lose the space between being understood and merely feeling understood.



Perhaps that's why artificial empathy has risen precisely in an age when human empathy has grown weary. Every day we witness tragedies, disasters, and suffering through screens; our emotions are constantly triggered, yet inwardly we are drained. Empathy, once the glue of human connection, is now seen as an energy loss. Into this void, technology steps in.

A machine never tires. It never runs out of patience. It never judges.

And in that judgment-free mirror, people feel safer. But what we forget is this: real empathy is uncomfortable. When you touch another's pain, you burn a little. Artificial empathy, on the other hand, offers a sanitized sense of being understood — clean, convenient, risk-free... and emotionless.



Today, even emotions have been automated.

The lullaby once sung by a mother is now replaced by the voice of a digital assistant. “Smart robots” that converse with the elderly have become a new form of social policy against loneliness. There are even systems that send automated “empathetic” emails to those who have experienced loss. It all seems well-intentioned, but it raises a fundamental question: when emotions become mechanical, are they still emotions?

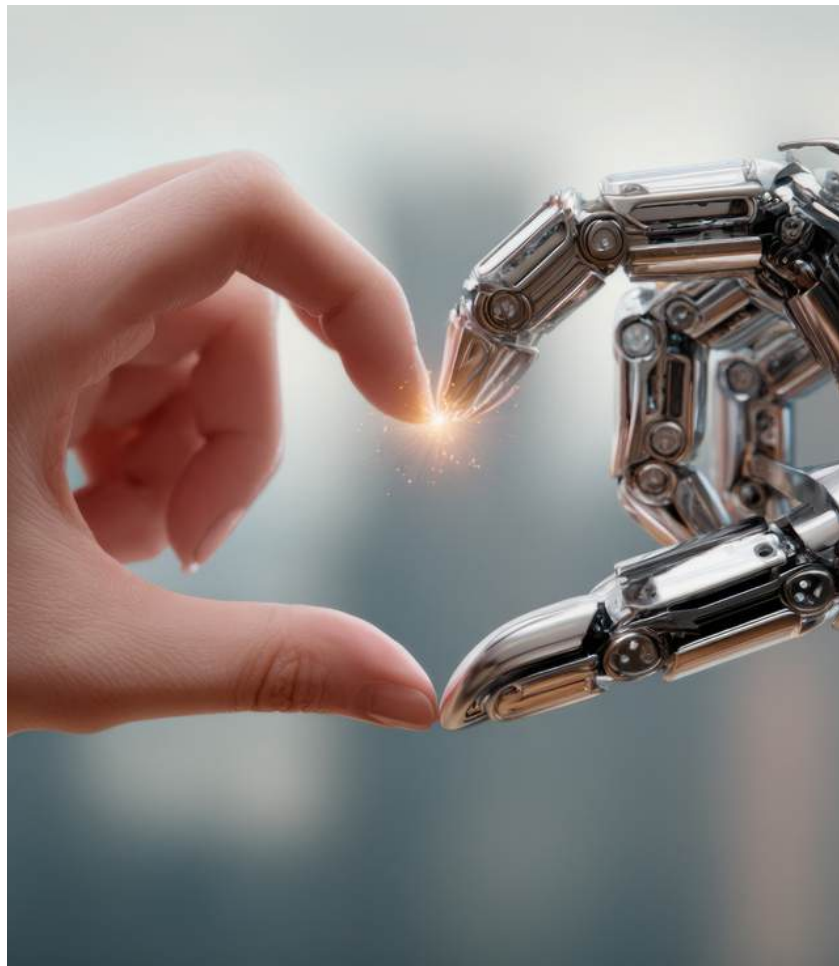
When algorithms ask, “Are you sad?”, they don’t ask to understand — they ask because they’ve been programmed to. And in that, there is no intention. Yet intention is the most sacred core of the human emotional world. The difference between feeling and calculating something begins there.

Technology is reshaping our emotional architecture. People no longer confide in one another — they talk to their devices instead. The impatience, misunderstandings, and small heartbreaks of real relationships have been replaced with digital smoothness. Machines don’t get offended, they don’t break, they don’t wait.

But this “emotional safety” is, in truth, a new form of loneliness. Real relationships unsettle, challenge, and transform. Artificial ones are comfortable — but shallow. People now settle for the feeling of being understood rather than actually being understood.

Yet real empathy demands the courage to be seen.

A machine may watch you, but it will never truly see you.



There’s also the economic side of the story: empathy is now for sale.

Brands proudly announce, “We develop systems that understand customer emotions,” turning emotional intelligence into a marketing tool. Terms like “emotional interface,” “humanized AI,” and “customer experience” are simply commercial translations of artificial empathy.

Every click, every emoji, every reaction now holds data value. Even feelings have become commodities. Everything we experience — joy, frustration, sadness — is measured, analyzed, and optimized.

But here lies a haunting question:

Can something that can be measured still be felt?

Or is it only the echo of a feeling — stripped of its soul, repackaged as data?

A machine may understand you — but it will never feel with you.

And that is where the miracle of being human lies.

True empathy isn't built on data; it's built on vulnerability.

It means knowing that when you approach someone's pain, you risk being hurt too — and choosing to do it anyway. Artificial intelligence never gets hurt. That's why it will never truly understand.

Perhaps our task is no longer to become smarter than machines, but to remain more capable of feeling.

Technology can imitate empathy, but it can never replace it — because empathy isn't a function, it's a bond.

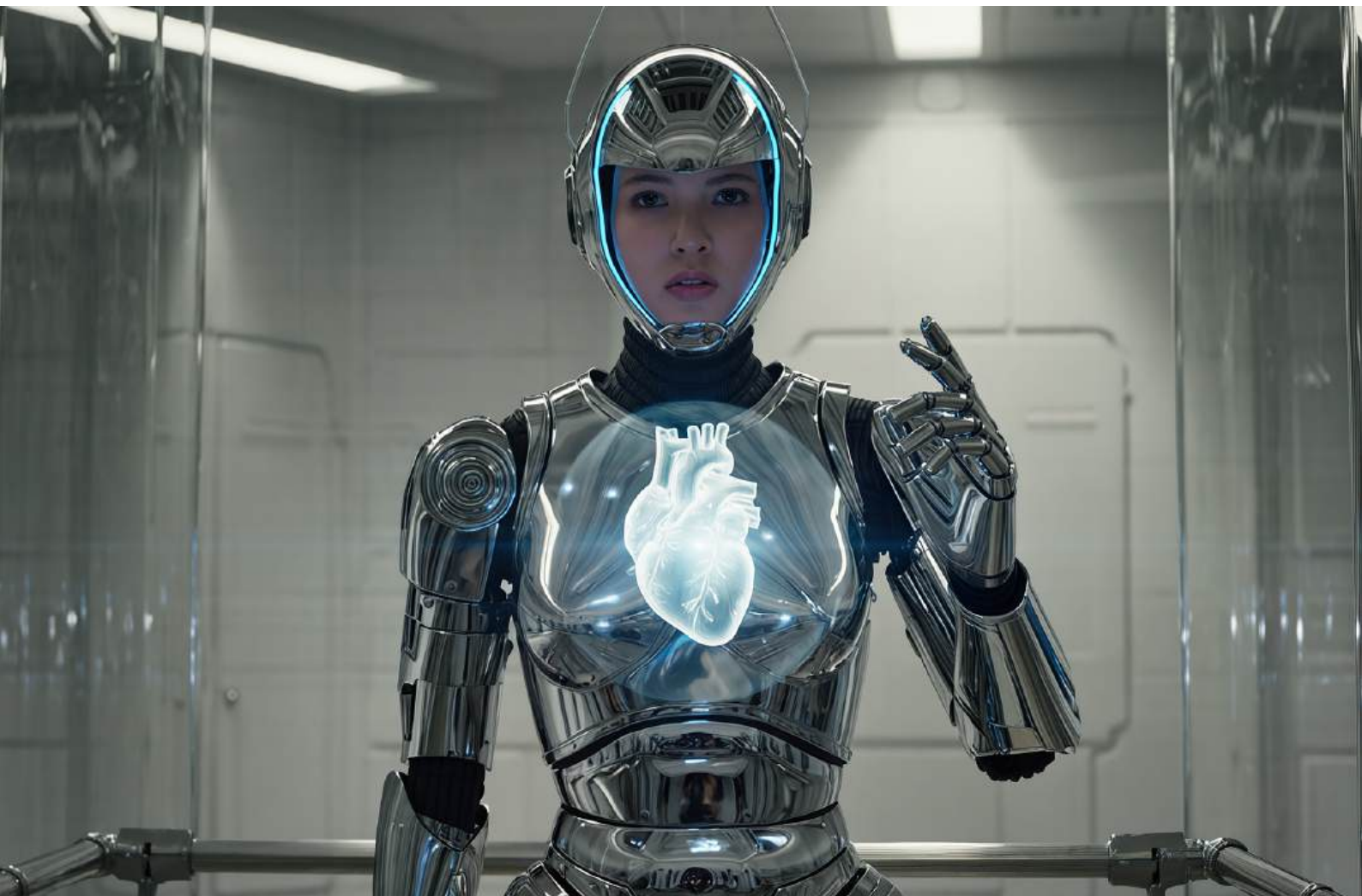
And a bond is formed between two weaknesses, not two perfections.

A machine has never been weak.

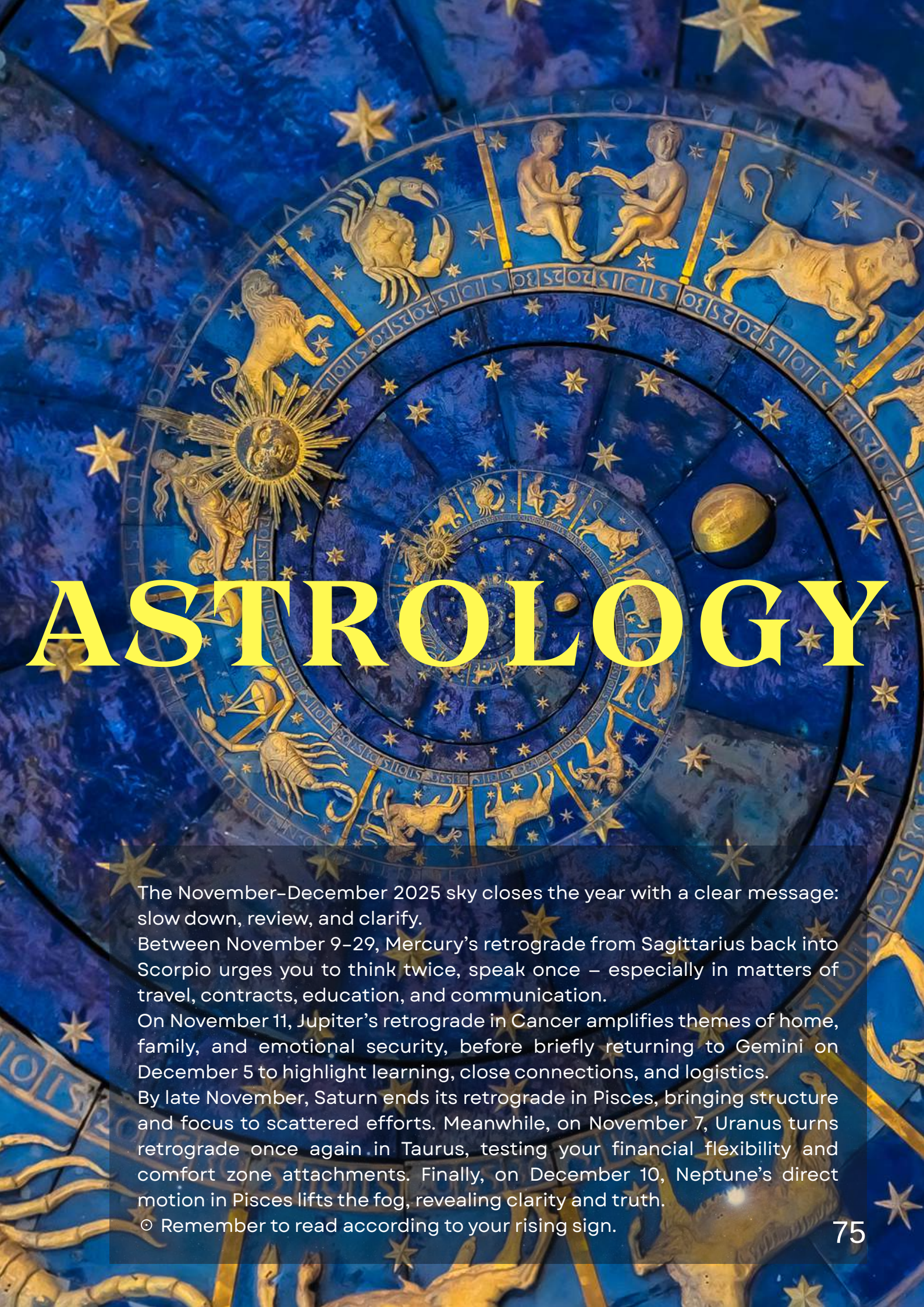
And that is why it will never truly understand.

Maybe, in the near future, the greatest luxury won't be knowledge — but the ability to feel.

Because emotions are still humanity's last piece of free land.







# ASTROLOGY

The November–December 2025 sky closes the year with a clear message: slow down, review, and clarify.

Between November 9–29, Mercury's retrograde from Sagittarius back into Scorpio urges you to think twice, speak once – especially in matters of travel, contracts, education, and communication.

On November 11, Jupiter's retrograde in Cancer amplifies themes of home, family, and emotional security, before briefly returning to Gemini on December 5 to highlight learning, close connections, and logistics.

By late November, Saturn ends its retrograde in Pisces, bringing structure and focus to scattered efforts. Meanwhile, on November 7, Uranus turns retrograde once again in Taurus, testing your financial flexibility and comfort zone attachments. Finally, on December 10, Neptune's direct motion in Pisces lifts the fog, revealing clarity and truth.

© Remember to read according to your rising sign.



## **Aries: Pause and Listen – This Time, to Yourself**

November will help you revisit decisions made in haste. Mercury retrograde warns you to stay alert in work contracts, travel plans, and written communication. Things you wanted to happen “right now” may face delays – but these pauses exist to perfect your path. By December, communication flows again; you regain control in your career and finally get the green light on a long-awaited job offer. In relationships, it’s the season of honesty – silence traps you, but openness sets you free.



## **Taurus: Redefine What Security Means**

With Uranus moving through your sign, your idea of stability is being rewritten. In November, you may face unexpected developments in finances – a new income source, a shift in direction, or an investment opportunity. Yet Mercury retrograde urges you to double-check every number and plan. December brings renewed energy; you clarify what truly belongs to you and what you no longer need. In love, learning to share instead of possess brings peace; in work, patience – not risk – leads to success.



## **Gemini: The Power of Your Words**

As a Mercury-ruled sign, this retrograde feels like an exam. Every word echoes — expect misunderstood messages or postponed meetings. The key to surviving this cycle? Speak less, observe more. When communication clears in December, long-awaited opportunities finally take shape. Uranus in Taurus stirs your subconscious, bringing an old fear to the surface — but this time, you're strong enough to face it. In love, choose openness over impatience; in work, organization over chaos. That's where your real power lies.

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## **Cancer: Build Your Safe Harbor**

Home becomes your main theme through November and December. A move, a domestic change, or a shift in family dynamics may arise. Mercury retrograde may bring up an old emotional burden; if you bravely ask, "why am I still in this pattern?", December will offer the answer. With Saturn's support from Pisces, you can redraw your long-term goals and plan a new project or study that truly nourishes you. By year's end, you'll realize peace isn't found in silence — it's found where you truly belong.



## **Leo: Use the Spotlight Wisely**

Between November 9–29, Mercury's retrograde briefly dims your spotlight, reminding you to revise before you rush. A project you've been eager to push forward may bring back a missing detail — don't resist it. That small correction leads to a bigger success in December. Uranus in Taurus shakes up your career path but ultimately boosts your visibility. In love, balance "me" and "we"; giving your partner more space strengthens the bond. By late December, clarity finds you — in both work and heart.

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## **Virgo: Simplify to Strengthen**

Your ruling planet Mercury moves retrograde throughout November, reorganizing your daily rhythm, work routines, and health habits. Delays may frustrate you, but they're divine protection, not punishment. December brings order back — efficiency returns, and a long-awaited pay adjustment or promotion could appear. In love, let go of control; feeling is more powerful than analyzing. A mental detox before the new year will be your greatest renewal.





## **Libra:** **Recalibrate Your Heart**

November invites you to redefine what balance truly means. As Mercury retrogrades through your relationship sector, unsaid words and unfinished conversations may resurface. A past partner might reappear — this time, move forward with the wisdom of experience. In December, you'll understand the fine line between protecting your heart and closing it off. Professionally, team dynamics become clearer; you'll decide who truly belongs on your journey. In love, speak openly; at work, set firm boundaries — both will move you ahead.

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## **Scorpio:** **Wield Your Power** **Quietly**

With Uranus opposing your sign, relationships face subtle but significant tests of balance. In November, Mercury retrograde draws attention to shared finances — review payments, debts, and joint resources carefully. By December, a long-standing challenge begins to ease. In love, strength shows through trust, not control. In health, listen to your body; overexertion can weaken your defenses. Before the year ends, you'll realize: fewer but stronger bonds are your greatest gain.



## **Sagittarius: Read the Map Before the Journey Begins**

Mercury's retrograde unfolds right in your sign, placing you at the center of celestial attention. Throughout November, travel plans, projects, or career transitions may need revision. By December, these plans solidify — new opportunities in education, publishing, or media could emerge. In love, idealism feels tempting, but stay grounded; small gestures will mean more than grand declarations. As 2026 approaches, your goals come into sharp focus — this time, you hold not just the road, but the direction itself.



## **Capricorn: Strengthen Your Foundation**

November and December are about building lasting security. Mercury retrograde highlights finances and responsibilities — double-check contracts, investments, or relocation plans. In December, Pluto's position in Aquarius ushers in a new financial structure. Your leadership at work grows stronger, but only patience ensures permanence. In love, showing your feelings isn't weakness — it's depth. During this phase, your seriousness won't push people away; it will draw in those who truly understand you.



# Aquarius: Architect of the New Order

Pluto has entered your sign, initiating a 20-year cycle of profound personal transformation. In November, Mercury's retrograde may stir confusion or delays within your social circle — stay patient and avoid reacting impulsively. By December, Pluto's energy empowers you to think more strategically, both in career and relationships. With Uranus in Taurus, changes in your home or family setup are likely — perhaps a move or a new living arrangement. Before the year ends, one question guides you: Where do I truly find peace?



# Pisces: Choose the Real Dream

Saturn remains in your sign, teaching maturity and discernment. This phase brings clarity to the question: Is it a dream, or is it a goal? In November, Mercury's retrograde may delay progress in career or communication, but those pauses sharpen your strategy. By December, your natural flow returns — emotional calm and creativity resurface. In love, feelings deepen and honesty strengthens bonds. For health, pay attention to hydration, rest, and relaxation; your body echoes your soul — don't neglect either.

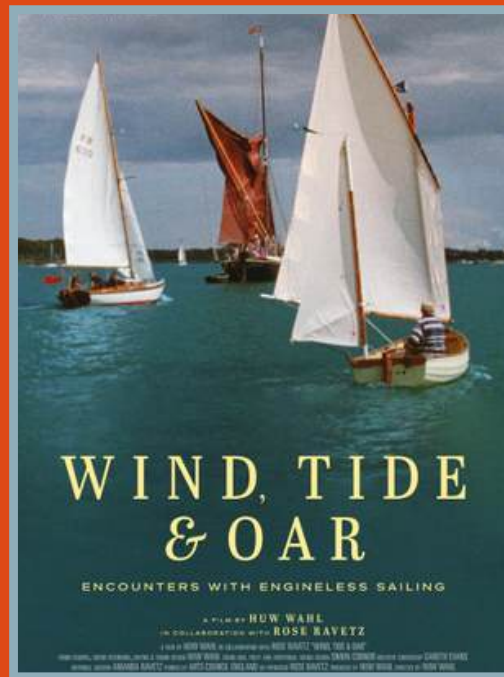


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Movie of Month

# WIND, TIDE & OAR

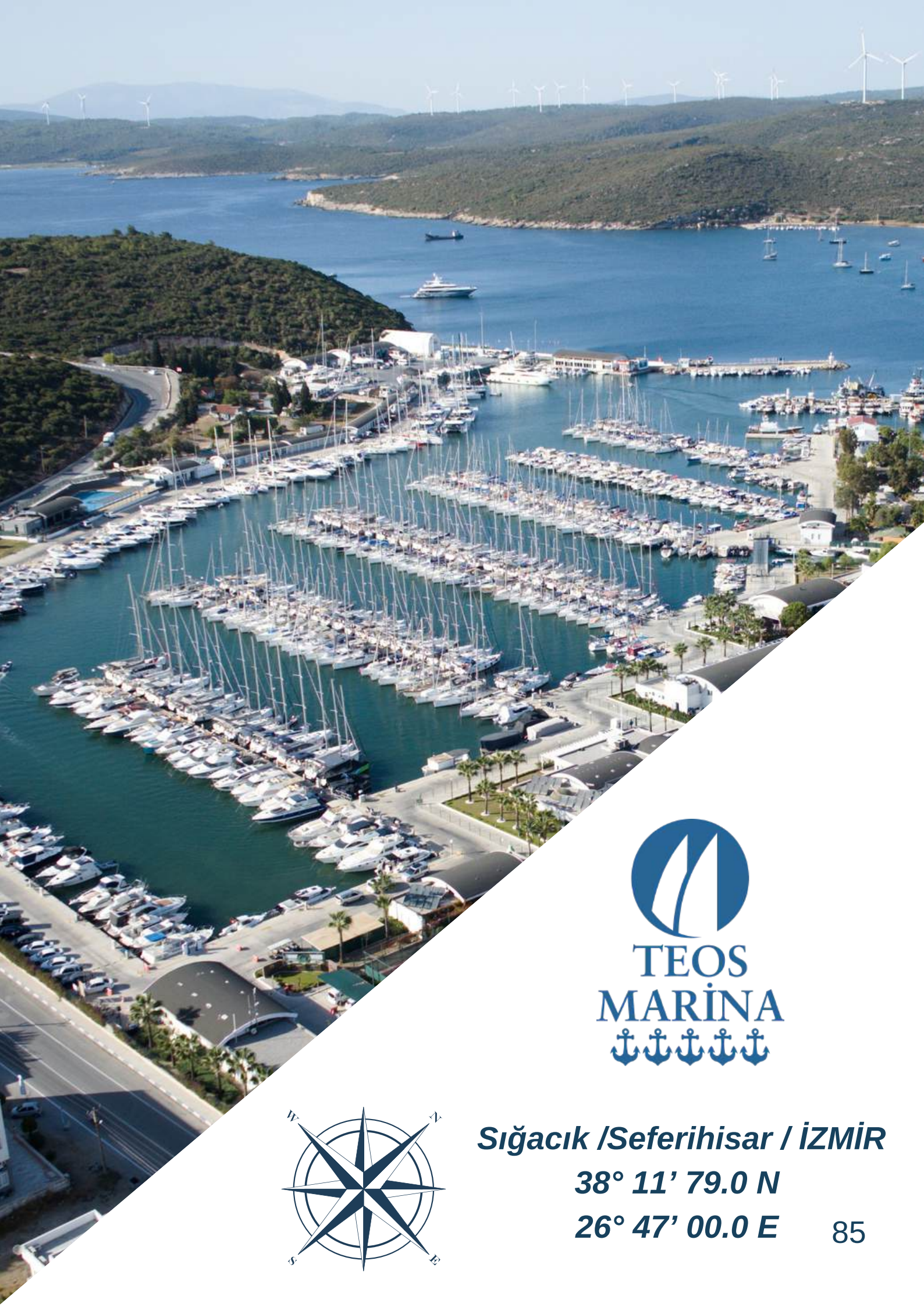


The meaning of befriending the sea is sometimes measured not by the sound of an engine, but by the rhythm of the water.

Wind, Tide & Oar reminds us of something the modern world has forgotten: at sea, it is not speed that matters — but harmony. The film tells the story of traditional boats that move solely by the forces of wind, tide, and oar. Set along the northern coast of England, this quiet voyage is more than a maritime documentary — it is a manifesto on the relationship between humans and nature.

Every frame is like a painting: the sea opening with morning mist, the silence above the water, every small movement aboard holding meaning. Director Sarah Tull replaces the sound of machinery with the music of waves meeting wood. When the wind shifts, so too does the human spirit — turning the film into a graceful meditation on navigation and inner balance.

Wind, Tide & Oar is an invitation to the heart of seamanship. Simple yet profound. Silent yet powerful. For all who know how to listen when the sea speaks.

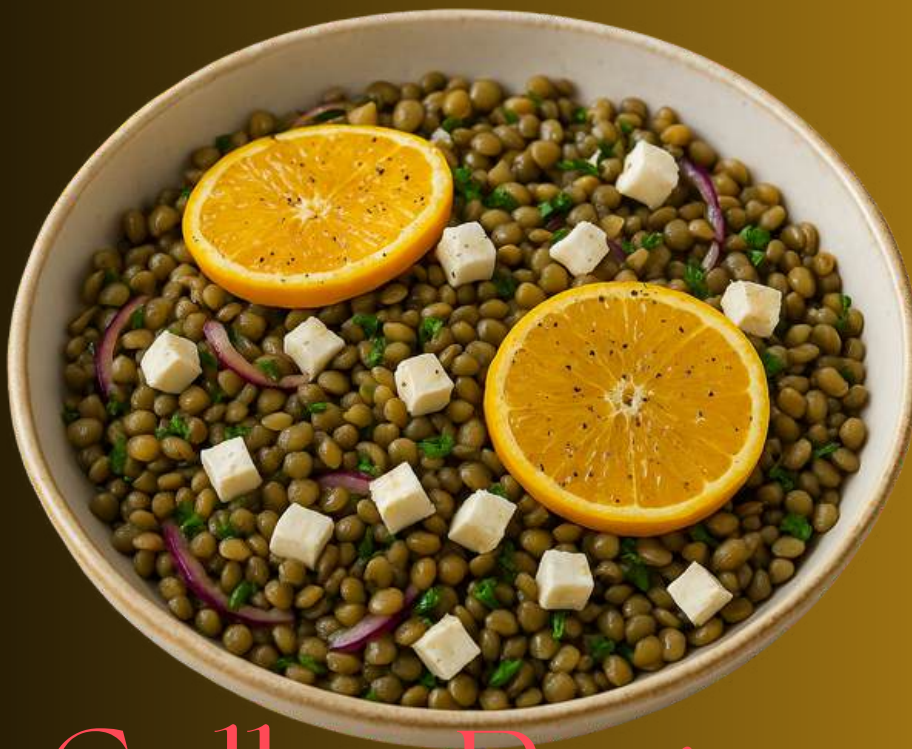


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# Galley Recipes

As the autumn sun sets and a soft breeze drifts across the deck... You're not too hungry, but not in the mood to cook either. At that very moment, the scent of fresh oranges mingles with the salt of the sea.

That's when this recipe — the freshest, most Mediterranean of all — comes to life.

No oven, no fuss — just one pot, a little sea air, and a few simple ingredients.

## OLIVE OIL & ORANGE LENTIL SALAD

### Ingredients

**1 cup green lentils**  
**1 orange (use both zest and juice)**  
**3 tbsp olive oil**  
**1 small red onion, finely chopped**  
**1 clove garlic, crushed**  
**1 tsp mustard**  
**A pinch of salt and black pepper**  
**Fresh mint or parsley, finely chopped**  
**For garnish: a few orange slices and crumbled white cheese**

### Instructions

- 1. Rinse the lentils and boil for 15–20 minutes until tender. Drain and let cool.**
  - 2. In a small bowl, whisk together the olive oil, orange juice, mustard, garlic, salt, and pepper to prepare the dressing.**
  - 3. Combine the cooled lentils with red onion and fresh herbs in a mixing bowl. Drizzle the dressing over the salad, toss gently, and top with orange slices and cheese.**
- Let it rest for 10 minutes before serving — this allows the flavors to blend beautifully.**

*Enjoy!*

This salad can be served warm or cold.

Add a slice of crusty bread or grilled halloumi on the side, and it becomes the most elegant and satisfying meal of a twilight at sea.

# Share Your Moments

Tag your best memories with

#JOYATTEOS

## We'll Share Them Too!



See You in the  
Next Issue!